


SPECIAL PROGRAMS

STORIES OF AMERICA'S NATIONAL PARKS

Tuesdays @ 11am-12pm - Auditorium

From Yellowstone to the Everglades, get to know America through the natural landscapes preserved by the National Park System. 



BOARD MEET AND GREET

Tuesday, September 2nd @ 9:15am - Rotunda

Bring your questions and get answers at the quarterly Meet and Greet with the Coburg board.

YOU BE THE JUDGE WITH HOLLY

Thursday, September 4th @ 1:15pm - Creative Corner

You Be the Judge is back in session. Hear and discuss some interesting cases, including examples of poetic justice. Then compare your opinions with those of the courts.

FREE FUNCTION BALANCE SCREENING WITH DR. JAYCEE BARRY (OT)

Thursday, September 11th @ 10am-12pm – Club Dining Room

Stop by the creative corner for a free balance screening to better understand how balance impacts your daily activities. No appointment needed! Enjoy discounted OT services, a Q & A session, and expert guidance all within a two-hour window.



HUMANITIES 101 WITH RUDY

Thursdays, September 11th - November 20th @ 10:30am-noon - Creative Corner

A life learning class, exploring the development of the culture and peoples from early humans to the Renaissance and Reformation. Stressing architecture, sculpture, and painting.

Class max is eighteen. Sign up in the rotunda by Sept. 5th.

BIRD MIGRATION WITH THE AUDUBON SOCIETY

Tuesday, September 16th @ 3pm - Auditorium 

Learn about the reasons birds migrate; the different types of migration; how birds find routes; how fast, long, and far they travel; and threats to migration."

1968 LONDON TO SYDNEY ROAD MARATHON FILM


WITH JOHN SALADIN

Friday, September 19th @ 7pm - Auditorium

John will present a film, narrated by Charles Kuralt, of the 1968 London to Sydney Road Marathon in which he participated. The marathon course passed through eleven countries, covered 10,000 miles, and took around fifty-six days to complete.



DOCUMENTARY - THE SECRET MIGRATION OF BIRDS

Friday, September 26th @ 12:30pm -1:32pm - Auditorium  

This is the story of Christian Moullec, a filmmaker who is bird-obsessive. After he incubates, hatches, and raises a flock of geese, they imprint upon him, following him wherever he goes. He sets off on an epic journey to teach the fledging birds to follow their ancient migration path south across Europe.



September Special Events


Tuesday, September 2nd @ 7pm-8:43pm - Movie - Raising the Bar: The Alma Richards Story (PG 2025) - Auditorium 🎬

In 1908, Alma Richards, an eighth grader, quits school to work as a ranch hand. A chance meeting motivates him to resume his education, leading him to compete in the Olympics. True Story


Wednesday, September 3rd @ 7pm-8pm - End of Summer Sing-along with Tracey - Auditorium

Enjoys songs about traveling and the end of summer as we sing our way into fall.

Friday, September 5th @ 7pm-9:10pm - Movie - The Green Book (PG13 2018) - Aud

A working-class Italian American bouncer becomes the driver for an African American classical pianist on a tour in the 1960s American South. Stars Viggo Mortensen & Mahershala Ali. 🎬 

Saturday, September 6th @ 7pm-8:36pm - Movie - Going in Style (PG13 2017) - Aud

Desperate to pay their bills and support their loved ones, lifelong pals risk it all by robbing the bank that ruined their pension money. Stars Morgan Freeman & Michael Caine. 🎬 

Sunday, September 7th @ 1pm-3:17pm - Movie - Pocketful of Miracles (1961) - Aud 🎬

A New York gangster and his girlfriend attempt to turn street beggar Apple Annie into a society lady when the peddler learns her daughter is marrying royalty. Stars Glenn Ford & Bette Davis.

Monday, September 8th @ 7pm-8pm - Music with Crick & Tuck - Auditorium

Catch a repertoire of music from "The Great American Songbook," early jazz, Frank Sinatra, and all sorts of fun and interesting tunes like *Devil Went Down to Georgia*, *Ave Marie*, and more!

Tuesday, September 9th @ 7pm-8:38pm - Movie - National Lampoon's Vacation (R 1983) - Auditorium 🎬

The Griswold family's cross-country drive to the Walley World Theme Park proves to be much more arduous than they ever anticipated. Stars Chevy Chase & Beverly D'Angelo. Comedy

Wednesday, September 10th @ 7pm-8pm - Music with the Retrobilleze Duo - Aud

Put on your dancing shoes and enjoy '50s rock 'n roll, classic country, and original songs. Featuring Kevin Wayne's vocals & rhythm guitar and Tony King's vocals & lead guitar.



Friday, September 12th @ 7pm-8:46pm - Documentary - Horatio's Drive:

America's First Road Trip - Auditorium 🎬

The inspirational and hilarious saga of Horatio Nelso, a Vermont doctor who in 1903, on a fifty-dollar bet, became the first person to drive an automobile across the US. From master storyteller Ken Burns.

Sunday, September 14th @ 1pm-3:16pm - Movie - Pocketful of Miracles (1961) - Aud

A New York bootlegger and his girlfriend try to turn a boozey street beggar into a society lady. Stars Glenn Ford & Bette Davis.

Monday, September 15th @ 7pm-8pm - Music with Alyssa Yeager - Auditorium

Alyssa never disappoints as she plays a variety of tunes, we all love to hear.

Tuesday, September 16th @ 7pm-8pm - Music with Ed Salvo - Auditorium 🎬

Come check out Ed and his wide variety of tunes. Enjoy a great night of music.

Wednesday, September 17th @ 7pm-8:36pm - Movie - The Long, Long Trailer Ride - Aud

Nicky and Tacy are going to be married. Nicky wants to save up money for a house, but Tracy dreams of starting off with their own home on wheels - a trailer. Stars Lucille Ball & Desi Arnaz.

Thursday, September 18th @ 7pm-8pm - Music with Electric City Chorus - Auditorium

The Electric City Chorus is a men's a cappella vocal music group singing in the barbershop style.

Monday, September 22nd @ 7pm-8pm - Music with Mark Mason - Auditorium

Mark's back!!! Join Mark for some fun music that covers a variety of styles and years.

Tuesday, September 23rd @ 7pm-8pm - Music with Hot Club Saratoga - Auditorium

Hot Club of Saratoga, upstate New York's premier gypsy swing ensemble, plays a repertoire that reflects the spirit and style that originated in the 1930s.

Wednesday, September 24th @ 2:30pm 3:45pm - Road Trip Happy Hour - Auditorium

We're hitting the road with this happy hour!!! Luggage not required. Join us as we celebrate road trips that bring back memories. Music with Standard Time.

Friday, September 26th @ 7pm-9:15pm - Movie- Jurassic World Rebirth (PG13 2025) - Auditorium 🎬

A new era is born. A covert extraction team races to an island research facility where dinosaurs from the original Jurassic Park were left behind. Stars Scarlett Johansson. Adventure

Sunday, September 28th @ 1pm-2:36pm - Movie - RV (PG 2006) - Auditorium







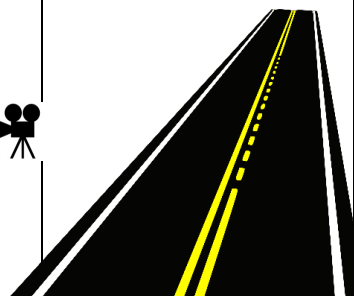
Bob Munro and his dysfunctional family rent an RV for a road trip to the Colorado Rockies, where they must ultimately contend with a bizarre community of campers. Stars Robin Williams. 🎬

Monday, September 29th @ 7pm-9:30pm - Movie - F1 (PG13 2025) - Auditorium

A Formula One driver comes out of retirement to mentor and team up with a younger driver.

Stars Brad Pitt. 🎬

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Abbreviations: CC: Creative Corner Aud: Auditorium Ch: Chapel CDR- Club Dining Room CY: Courtyard CR: Card Room DR: Dining Room-46 & Birch FR- Fitness Room RT- Rotunda</p>	<p><i>*Programs Subject to Change</i> FREE POPCORN NIGHT</p> <div style="border: 1px solid black; padding: 5px;"> <p>Daily Activity Schedule Available on Spectrum Channel 1390</p> <p><small>(Not Available For Cottages)</small></p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Changes & Update Line Ext. 6497</p> <p><small>For last minute changes to programs/events</small></p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Chaperone Swim</p> <p>Mondays- 2pm-3pm Wednesdays- 9:45am-10:45am Fridays- 11am-Noon</p> <p><small>BY APPOINTMENT ONLY. MUST CALL BY 9:15AM THE DAY OF DESIRED *NO Holidays</small></p> <p style="text-align: center;">CALL EXT. 6314</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Show Us YOUR TALENT</p> <p style="text-align: right;"><small>Resident Talent Show</small> Friday, Oct. 17th</p> <p style="text-align: center;">Sign Up Form in the mailroom. Sign up by Sept. 24th</p> </div>	<div style="border: 2px solid red; padding: 10px;"> <p style="text-align: center;">Flu/Covid Vaccination Clinic MONDAY, OCT. 6TH 9AM-?</p> <p style="text-align: center;"><small>Insurance copying dates on calendar. Forms available in the Mail room. You must register to receive a vaccination at Coburg</small></p> </div>	
	<p>1</p> <p style="color: red;">NO Chaperone swim</p> <div style="text-align: center;">  </div> <p>1:30pm Canasta-CR 7pm All Games-CR</p>	<p>2</p> <p style="color: red;">9:15am Meet & Greet w/ the Board-Rotunda</p> <p style="text-align: center;">11am National Parks- Yellowstone & Sequoia-Aud</p> <p>12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2pm Bocce-CY 3:15pm Meditation-CC 7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Raising the Bar: The Alma Richards Story-Auditorium</p>	<p>3</p> <p>11am LISA Fitness-Aud Back 12pm LISA Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud NO 2pm Lorraine's Hand Class</p> <p style="text-align: center;">2pm Social Tea-Aud</p> <p>7pm Pinochle & Bridge-CR</p> <p style="text-align: center;">7pm End of Summer Sing-along with Tracey-Auditorium</p>	<p>4</p> <p>10am LISA Drumfit-Aud 10:25am LISA Low Impact Aerobics -Aud 10:30am Brian's Water Aerobics 11am LISA Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud</p> <p style="text-align: center;"><i>1:15pm You Be the Judge w/ Holly-CC</i></p> <p>1:30pm Brian's Fitness-Aud 7pm All Games-CR</p> <p style="text-align: center;">7pm Resident Association Meeting-Auditorium</p>	<p>5 POOL CLOSSES AT 12:30PM</p> <p>11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1pm Library Committee-CC 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Green Book-Auditorium</p>	<p>6</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Going in Style-Auditorium</p> <div style="text-align: right;">  </div>
<p>7</p> <p style="text-align: center;"><i>10:30am Christian Non-Denominational Worship with Communion</i> <i>Deacon Glenn-Ch</i></p> <p>2pm Resident Bingo-CR</p>	<p>8</p> <p>9:30am Water Aerobics LISA 11am LISA Fitness-Aud</p> <p style="color: red;">10am-11:30 Insurance Card Copying-Rotunda</p> <p>12pm Chair Volleyball-Aud 1pm Diamond Art-CC NO 1pm Val's Balance-Aud 1:30pm Canasta-CR 2pm Mind Fitness-CC 3pm Parkinson's Group-CC 7pm All Games-CR</p> <p style="text-align: center;">7pm Music with Crick & Tuck-Auditorium</p>	<p>9</p> <p style="text-align: center;">11am-National Parks-Hawaii and Denali-Auditorium</p> <p>11am Methodist Service 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud No 2pm Rummikub-CR 2pm Recreational Writers-CR 2pm Bocce-CY</p> <p style="text-align: center;">3pm Coburg Cruisers Meeting-Auditorium</p> <p>3:15pm Meditation-CC 7pm All Games-CR</p> <div style="text-align: right;">  </div> <p style="text-align: center;">7pm Movie-National Lampoon's Vacation-Aud</p>	<p>10</p> <p>11am LISA Fitness-Aud Back 12pm LISA Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1pm-2:30pm Insurance Card Copying-Rotunda 1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR</p> <p style="text-align: center;">7pm Music with Retrobilleze Duo -Auditorium</p>	<p>11</p> <p style="color: red;">10am-12pm Balance Screening with OT Jaycee-CDR</p> <p>10am LISA Drumfit-Aud 10:25am LISA Low Impact Aerobics 10:30am Humanities 101 w/Rudy-CC 10:30am Brian's Water Aerobics 11am LISA Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud</p> <p style="color: red;">1pm-2:30pm Insurance Card Copying -Rotunda</p> <p>1:30pm Lisa's Fitness-Aud 2:30pm Book Club-CR 3pm Choraliers- Chapel 7pm All Games-CR</p> <div style="text-align: right;">  </div>	<p>12 POOL CLOSSES AT 12:30PM</p> <p>11am Rabbi Rubin-Ch 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Greenhouse Committee Meeting-CC</p> <p>2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p style="text-align: center;">7pm Documentary-Horatio's Drive-America's First Road Trip-Auditorium</p> <div style="text-align: right;">  </div>	<p>13</p> <p>7pm All Games-CR</p> <div style="text-align: right;">  </div>

<p>14 <u>Sun</u></p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glenn-Ch</p> <p>1pm Movie- Pocketful of Miracles -Auditorium </p> <p>2pm Resident Bingo-CR</p> 	<p>15 <u>Mon</u></p> <p>No Chaperone Swim</p> <p>9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR</p> <p>7pm All Games-CR</p> <p>7pm Music with Alyssa Yeager-Aud</p>	<p>16 <u>Tues</u></p> <p>11am National Parks-Grand Canyon and Acadia-Aud</p> <p>12:30pm Lisa's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Lisa's Fitness-Aud 2pm Rummikub-CR</p> <p>2pm Bocce-CY</p> <p>3pm Bird Migration Program by Audubon Society-Auditorium</p> <p>3:15pm Meditation-CC</p> <p>7pm All Games-CR </p> <p>7pm Music with Ed Salvo- Auditorium</p>	<p>17 <u>Wed</u></p> <p>No Chaperone Swim</p> <p>10:45am Parashat Hashavua-Ch 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC</p> <p>2:30pm Food Forum with Danielle-Auditorium</p> <p>7pm Pinochle & Bridge-CR</p> <p>7pm Movie-The Long, Long Trailer Ride-Aud </p>	<p>18 <u>Thurs</u></p> <p>10am Val's Drumfit-Aud 10:25am Val's Low Impact Aerobics 10:30am Lisa's Water Aerobics</p> <p>10:30am Humanities 101 w/ Rudy-CC</p> <p>11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1:30pm Lisa's Fitness-Aud 2:15pm Catholic/Prayer Service with St. Mary's-Ch 3pm Choraliers-Chapel 7pm All Games-CR</p> <p>7pm Music with Electric City Chorus-Aud</p>	<p>19 <u>Fri</u></p> <p>POOL CLOSSES AT 12:30PM</p> <p>No Chaperone Swim</p> <p>11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud NO 2:15pm Wii Bowling-Aud</p> <p>7pm All Games-CR</p> <p>7pm London to Sydney Road Marathon with John Saladin-Auditorium </p>	<p>20 <u>Sat</u></p> <p>7pm All Games-CR</p> 
<p>21</p> <p>10:30am Christian Non-Denominational Worship with Communion Pastor Singh-Ch</p> <p>2pm Resident Bingo-CR</p> 	<p>22</p> <p>9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR</p> <p>2pm Mind Fitness-CC</p> <p>2pm Buddy Committee-CCR 7pm All Games-CR</p> <p>7pm Music with Mark Mason -Auditorium</p>	<p>23 11am National Parks- Everglades and Mammoth Caves-Aud</p> <p>12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2pm Catholic Mass w/ St. Edward's-Ch</p> <p>2pm Bocce-CY</p> <p>3:30pm Rosh Hashanah w/ Rabbi Rubin-Patio</p> <p>3:15pm Meditation-CC</p> <p>7pm All Games-CR</p> <p>7pm Music with Hot Club Saratoga-Auditorium</p>	<p>24</p> <p>NO Fitness Classes Today</p> <p>12pm Episcopal Service-Ch 1-3pm Knitting/Crocheting-CR 7pm Pinochle & Bridge-CR</p> <p>2:30-3:45pm Road Trip Happy Hour-Aud</p> 	<p>25</p> <p>10am Val's Drumfit-Aud 10:25am Val's Low Impact Aerobics 10:30am Brian's Water Aerobics</p> <p>10:30am Humanities 101 w/ Rudy-CC</p> <p>11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud</p> <p>1pm Bible Study-Card Room</p> <p>1:30pm Brian's Fitness-Aud 1:30pm Dining Committee-CC 2:30pm Blood Pressure Clinic-RT 3pm Choraliers-Chapel 7pm All Games-CR</p>	<p>26 POOL CLOSSES 12:30PM</p> <p>10am Executive Committee-CC 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 12pm-4pm Voter Registration-Rotunda</p> <p>12:30pm-1:30pm Documentary- The Secret Routes of Migration -Auditorium</p> <p>1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud</p> <p>7pm All Games-CR</p> <p>7pm Movie-Jurassic-Reborn-Auditorium </p>	<p>27</p> <p>7pm All Games-CR</p>
<p>28</p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glenn-Ch</p> <p>1pm Movie-RV -Auditorium </p> <p>2pm Resident Bingo-CR</p>	<p>29</p> <p>9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR</p> <p>7pm All Games-CR</p> <p>7pm Movie-F1- Auditorium </p> 	<p>30</p> <p>11am National Parks- Death Valley & our landscapes-Aud</p> <p>12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR</p> <p>2pm Bocce-CY</p> <p>3:15pm Meditation-CC</p> <p>7pm All Games-CR</p> <p>7pm Resident Variety Show PRACTICE -Auditorium CLOSED</p>				