


SPECIAL PROGRAMS

GREAT COURSES - DID YOU KNOW & THIS DAY IN HISTORY - AUDITORIUM

Tuesdays @11am - Auditorium

Fast, fun, and fresh facts to work that mind. This series is packed with short videos, but chock full of info for your learning pleasure. Then we'll end the month with important events that happened in May. 



New Resident Orientation with Antoinette
Wednesday, May 1st @ 10am - Auditorium

Welcome to the neighborhood! Join Antoinette as she shares important information for our new residents.

HECTOR PT SPECIAL PRESENTATIONS- Auditorium

3:15pm Friday, May 3rd- How to Get Up Off the Floor
2:30pm Monday, May 20th – Spring Exercises


Shred-it with Leah Scisci and 3N Document Destruction **Register by May 3rd**
Friday, May 10th from 12-2pm - Auditorium

Shred-it returns to provide you a secure, convenient, and cost-effective way to shred sensitive documents. Contact Leah from Mind the Errands LLC directly for details at **518-482-8636**.

Interest Rates On Your Savings Accounts and How To Maximize
Wednesday, May 15th @3pm Auditorium

Educating you on the current interest rate environment and how Key Bank can help clients earn more money on their savings, keep up with inflation and protecting assets.

Documentary - The Bloody Hundredth
Friday, May 24th 12:15pm-1:15pm - Auditorium

 Learn about the heroes of the 100th bombing group.

You Be the Judge with Holly
Tuesday, May 21st @ 12:30pm - Card Room



Join Holly to explore several legal cases and predict their outcomes. Listen to cases and compare your verdicts with the rulings of the judges involved.

Bistro Happenings with Danielle- Auditorium
Wednesday, May 29th 2:30pm & Friday, May 31st 3:15pm

Come see the exciting new menu items being added to the Village Bistro starting in June 2024!



Special Services

Massage Therapy with Shayne
518-810-3797

Tidy Up & Errands
by Leah 518-482-8636



May Special Events


Wednesday, May 1st @ 7pm-9:03pm - Movie - The Boys in The Boat (PG13 2023)

- Auditorium 


This inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight during the 1936 Berlin summer games. Inspirational

Friday, May 3rd @ 7pm-8:52pm - Movie - The Straight Story (G 1999) - Auditorium

An old man makes a long journey by lawnmower to mend his relationship with an ill brother.

Heartwarming 

Monday, May 6th @ 7pm-8pm - Music with Eileen Mack - Auditorium

Eileen and Steve always bring the fun with a variety of songs. 

Tuesday, May 7th @ 7pm-8pm - Music with Standard Time - Auditorium

Jazz tunes to get you out of the moody blues! Standard Time plays a wide variety of tunes.

Wednesday, May 8th @ 7pm-8:48pm - Movie - Chevalier (PG13 2022) - Auditorium


Based on composer Joseph Bologne, Chevalier De Saint-Georges, the illegitimate son of an African enslaved woman, who rises to heights in French society as a composer. Bio/Drama 

Friday, May 10th @ 7pm-8pm - Jukebox Bingo!!! - Auditorium

Bingo and music!!! A great combination!! Join us for bingo fun and sing-alongs as we guess the many tunes from the '40s and beyond! There's "no boring" in bingo here!!

Sunday, May 12th @ 4:30pm-6:34pm - Movie - On Moonlight Bay (PG 13 1953) - Aud


During World War I, a teenage girl begins a romance with a college student, but his

unconventional attitudes cause friction with her father. Romantic  ??

Monday, May 13th @ 7pm-8pm - Music with Andy Iorio - Auditorium

A composer, Andy will make the piano sing. Enjoy songs from Sinatra to Elton John.


Tuesday, May 14th @ 7pm-8:55pm - Documentary - Tina (2021) - Auditorium

Tina Turner's life, in her own words. A young girl from Brownsville, Tennessee, she began singing as a teenager. This account follows her rise to fame, including her personal and professional challenges. 


Wednesday, May 15th @ 7pm - Music with Alyssa Yeager - Auditorium

Alyssa takes you on a song journey with her free-spirited voice covering songs from the '60s and beyond.

Friday, May 17th @ 7pm-9:21pm - Movie/Musical - The Color Purple (PG13 2023) - Aud

A woman faces many hardships in her life but ultimately finds extraordinary strength and hope in the unbreakable bonds of sisterhood. This is a wonderful musical!! Drama 

Saturday, May 18th @ 7pm-8:34pm - Movie - Rhubarb (1953) - Auditorium

A rich & eccentric man adopts a feral cat. When the owner, T.J., dies, he leaves Rhubarb most of his money and a pro baseball team. Comedy 

Monday, May 20th @ 7-8pm - Music with High Peaks - Auditorium

Bluegrass, Gospel, and old-time tunes.


Wednesday, May 22nd @ 2:30pm-3:45pm - Cinco De Mayo Fiesta Happy Hour - Aud

Break out your sombrero and dig up your poncho as there's no siesta at this fiesta!!!


Thursday, May 23rd @ 7pm-8pm - Music with The Lost Radio Rounders - Auditorium

The Wide Is Wide features songs about lakes, rivers, streams, and oceans!


Friday, May 24th @ 7pm-8:31pm - Movie - Greyhound (PG13 2020) - Auditorium

Several months after the U.S. entry into World War II, an inexperienced U.S. Navy commander must lead an Allied convoy being stalked by a German submarine wolf pack. Action 

Saturday, May 25th @ 7pm-8:58pm - Movie - Mother's Day (PG13 2016) - Auditorium

A feel-good comedy about the intersecting lives of four families over a crazy week leading up to Mother's Day. Drama/Comedy 


Sunday, May 26th @ 4:30pm-6:14pm - Movie - Because I Said So (PG13 2007) - Aud

A meddling mother tries to set her daughter up with the right man so that her kids won't follow in her footsteps. Comedy/Romantic 

Tuesday, May 28th @ 7-8pm - Music with Rick Bedrosian - Auditorium

Enjoy tunes from the '50s, '60s and '70s.

Wednesday, May 29th @ 7-8:31pm - Movie - Esio Trot (G 2015) - Auditorium

A retired bachelor finds his neighbor attractive; however, she only shows interest in her pet. Comedy/Romance 

Friday, May 31st @ 7pm-9:01pm - Movie - A Million Miles Away - (PG 2023) - Aud


A biopic about Jose Hernandez and his path from farm worker to engineer and astronaut.

A tale of perseverance, community, and sacrifice to reach an impossible dream. Bio 





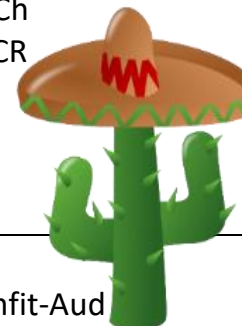

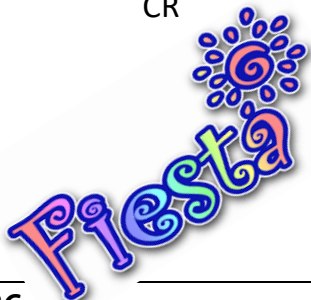









COBURG VILLAGE

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Abbreviations: Aud: Auditorium CC: Creative Corner CDR- Club Dining Room Ch: Chapel CR: Card Room CY: Courtyard DR: Dining Room-46 & Birch FR- Fitness Room RT- Rotunda</p>	<p><i>*Programs Subject to Change</i> FREE POPCORN NIGHT</p> <p>BOCCE IS BACK Tuesdays 2:30pm Weather permitting</p>		<p>REGISTER BY MAY 3RD</p> <p>SHREDDING DAY Friday, May 10th 12pm -2pm Leah Scisci of Mind the Errands LLC has partnered with 3N Document Destruction Inc once again to bring you a secure, convenient, and cost-effective way to shred sensitive documents and help you reduce paper clutter. See Form in mailroom Leah Scisci 518-482-8636</p>	<p>Changes & Update Line Ext. 6497 For last minute changes to programs/events</p>	<p>Chaperone Swim Mondays- 2pm-3pm Wednesdays- 9:45am-10:45am Fridays- 11am-Noon BY APPOINTMENT ONLY. MUST CALL BY 9:15AM THE DAY OF DESIRED *NO Holidays</p> <p>CALL EXT. 6314</p>	
			<p>1 10am New Resident Orientation-Auditorium 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Movie- The Boys in the Boat-Aud</p>	<p>2 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Brian's Fitness-Aud 3pm Choraliers-Ch 7pm All Games-CR 7pm Resident Association Meeting-Aud</p>	<p>3 POOL CLOSSES AT 12:30PM 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1pm Library Committee-CC 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 3:15pm HECTOR PT- Getting Up From the Floor-Aud 7pm All Games-CR 7pm Movie-The Straight Story-Aud</p>	<p>4 7pm All Games-CR</p>
<p>5 10:30am Christian Non-Denominational Worship with Communion Deacon Glen 2pm Resident Bingo-CR</p>	<p>6 9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR 2pm Mind Fitness- CC 7pm All Games-CR 7pm Music with Eileen Mack & Steve-Aud</p>	<p>7 11am Weight Management-CR 11am Great Courses-Did you Know?(1-10)-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2:30pm Bocce-CY 7pm All Games-CR 7pm Music with Standard Time-Aud</p>	<p>8 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 12:45pm Fitness Room Intro-FR 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 2:30pm Mixology w/Antoinette & Mike-Auditorium 7pm Pinochle & Bridge-CR 7pm Movie-Chevalier-Aud</p>	<p>9 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Brian's Fitness-Aud 2:30pm Book Club-CR 3pm Choraliers-Ch 7pm All Games-CR</p>	<p>10 POOL CLOSSES AT 12:30PM 11am Ball w/ Lorraine-Aud 11am Conversations w/ Rabbi Amiel-Ch 12pm Lorraine's Hand Class-CC 12pm-2pm Shred Day w/ Leah-Aud(Front) 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud NO 2:15pm Wii Bowling 7pm All Games-CR 7pm Game Night-Juke Box Bingo-Aud</p>	<p>11 7pm All Games-CR</p>

COBURG VILLAGE

May

<div>12</div> <div>Sun</div> <div>10:30am Christian Non-Denominational Worship with Communion Pastor Singh</div> <div>NO 2pm Resident Bingo</div> <div>4:30pm Movie-On Moonlight Bay-Aud</div> <div></div>	<div>13</div> <div>Mon</div> <div>9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR</div> <div>2pm Root Beer Floats-Rotunda</div> <div>3pm Parkinson's Group-CR</div> <div>7pm All Games-CR</div> <div>7pm Music with Andy Iorio-Aud</div>	<div>14</div> <div>Tues</div> <div>11am Great Courses Did You Know?(11-20)-Aud</div> <div>11am Methodist Service-Ch 11am Weight Management-CR 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud No 2pm Rummikub-CR 2pm Recreational Writers-CR 2:30pm Bocce-CY 7pm All Games-CR</div> <div>7pm  Documentary-Tina-Aud</div>	<div>15</div> <div>Wed</div> <div>10am Parashat Hashavua-Ch 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC</div> <div>3pm Interest Rates presented by Key Bank-Auditorium</div> <div>7pm Pinochle & Bridge-CR</div> <div>7pm Music with Alyssa Yeager-Aud</div>	<div>16</div> <div>Thurs</div> <div>10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Brian's Fitness-Aud 2:15pm Catholic/Prayer Service w/ St. Mary's-Ch 3pm Choraliers-Ch 7pm All Games-CR</div> <div></div>	<div>17</div> <div>Fri</div> <div>POOL CLOSSES AT 12:30PM</div> <div>11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud</div> <div>3:15pm HECTOR PT- Spring Exercises -Aud</div> <div>7pm All Games-CR</div> <div>7pm Movie/Musical-The Color Purple-Aud </div>	<div>18</div> <div>Sat</div> <div></div> <div>7pm Movie-Rhubarb-Aud</div> <div>7pm All Games</div>
<div>19</div> <div>10:30am Christian Non-Denominational Worship with Communion Deacon Glen</div> <div>2pm Resident Led Bingo-CR</div> <div></div>	<div>20</div> <div>9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR 2pm Buddy Committee-CDR 2:30pm HECTOR PT- Spring Exercises -Auditorium 2pm Mind Fitness- CC</div> <div>7pm All Games-CR</div> <div>7pm Music with High Peaks-Aud</div>	<div>21</div> <div>11am This Day in History-Aud 11am Weight Management-CR 12:30pm Brian's Water Aerobics</div> <div>12:30pm You Be the Judge w/Holly-CR</div> <div>1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2:30pm Bocce-CY 7pm All Games-CR</div>	<div>22</div> <div>No Fitness Classes Today</div> <div>12pm Episcopal Service-Ch 1-3pm Knitting/Crocheting-CC</div> <div>2:30-3:45pm HAPPY HOUR</div> <div></div> <div>7pm Pinochle & Bridge-CR</div>	<div>23</div> <div>10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Brian's Fitness-Aud 2pm Dining Committee-CR 3pm Choraliers-Ch 7pm All Games-CR</div> <div>7pm Music with The Lost Radio Rounders-Aud</div>	<div>24</div> <div>POOL CLOSSES AT 12:30PM</div> <div>11:30am Ball w/ Lorraine-Aud 12:15pm Documentary-The Bloody Hundredth-Aud 12pm Lorraine's Hand Class-CC</div> <div>1PM-4PM PLANT SALE- GREENHOUSE</div> <div>1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR </div> <div>7pm Movie-Greyhound-Aud </div>	<div>25</div> <div>7pm All Games-CR</div> <div>7pm Movie-Mother's Day-Aud </div>
<div>26</div> <div>10:30am Christian Non-Denominational Worship with Communion Pastor Singh</div> <div>NO 2pm Resident Bingo</div> <div>4:30pm Movie-Because I Said So-Aud </div>	<div>27</div> <div>MEAL SERVICE 11AM-2PM- BISTRO ONLY</div> <div></div> <div>1:30pm Canasta-CR 7pm All Games-CR</div>	<div>28</div> <div>11am This Day in History-Aud</div> <div>12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2pm Catholic Mass with St. Edward's-Ch</div> <div>NO 2:30pm Bocce-CY 7pm All Games-CR</div> <div>7pm Music with Rick Bedrosian-Aud</div>	<div>29</div> <div>NO 9:45am Chaperone Swim 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 12:45pm Fitness Room Intro-FR 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC</div> <div>2:30pm Bistro Happenings w/Danielle- Auditorium</div> <div>7pm Pinochle & Bridge-CR 7pm Movie-Esio Trot-Aud </div>	<div>30</div> <div>10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Brian's Fitness-Aud 3pm Choraliers-Ch 7pm All Games-CR</div>	<div>31</div> <div>11am Ball w/ Lorraine-Aud 11am Shabbat Services-Ch NO 9:45am Chaperone Swim 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 2:30pm Executive Council- CC 3:15pm Bistro Happenings w/Danielle- Auditorium</div> <div>7pm All Games-CR </div> <div>7pm Movie-A Million Miles Away-Aud </div> <div></div>	