

# The Vandenburg

## ☞ Soup of the Day ☞

### ***Seafood Bisque***

A smooth blend of shrimp, scallops and fish in a creamy seafood stock

*Chicken Broth also available*

## ☞ Appetizer Selection ☞

### ***Pear & Blue Cheese Crisps***

Cream cheese, crumbled blue cheese and pears, folded together and served in mini phyllo cups

## ☞ Salad Selections ☞

Choose from Tossed Mixed Greens Salad or Iceberg Salad

Served with your choice of dressing:

Bleu Cheese

FF Raspberry Vinaigrette

Ranch

FF Honey Dijon

Thousand Island

FF Italian

French

Oil & Vinegar

Balsamic Vinaigrette

*Croutons also available*

## ☞ Other Starters ☞

Applesauce

Mixed Fresh Fruit

Cottage Cheese

Watermelon & Cantaloupe

*Double or half portions always available;  
Baked Potatoes and Sweet Potatoes always available*

☞ Dinner Salad ☞

***Waldorf Chicken Salad Wedge***

Chicken salad with red grapes, apples, and toasted walnuts atop a ring of iceberg lettuce

☞ Entrées ☞

***Shrimp Scampi with Rice***

Broiled shrimp in a garlic, onion, and white wine sauce, served over rice

***Liver, Bacon & Onions***

Traditional veal liver, sautéed and topped with crispy bacon and sautéed onions \*Can be served flour free\*

***Coconut Chicken*** ♡

Coconut-breaded chicken served with a raspberry sauce

☞ Side Selections ☞

Rice

Green Beans

Roasted Red Potatoes

Cauliflower with Nutmeg

☞ Lighter Fare ☞

***Baked Chicken du Jour***

Tender and juicy dark meat chicken thigh, chef-seasoned

***Broiled Fish du Jour***

Filet of fish seasoned with chef's choice daily

☞ Today's Featured Desserts ☞

***Chocolate Mousse with Berries***

***NSA Fruited Gelatin***

***Cookie du Jour***

Assorted Ice Creams

Vanilla

Chocolate

Coffee

Mint Chocolate Chip

Butter Pecan

Ask your server for

today's selections of:

NSA Ice Cream

FF Yogurt

Specialty Ice Cream

Sorbet

☞ Ice Cream Toppings ☞

Sundae Topping du Jour

Maraschino Cherries

Hershey's Chocolate Syrup

Whipped Cream

Rainbow Sprinkles

Chocolate Sprinkles

Strawberries



*Indicates foods with 600mg or more sodium per serving*

*♡ Indicates Heart Healthy entrée option*

*based on recommendations by the American Heart Association*