

SPECIAL PROGRAMS

DOCUMENTARIES - HENRY THOREAU & MARK TWAIN

See Calendar for Dates/Times - Auditorium



Henry David Thoreau helped define modern environmentalism and nonviolent resistance, yet his life has been obscured by myth.

Considered in his time as the funniest man on earth, Mark Twain was also an unflinching critic of human nature who used his humor to attack hypocrisy, greed, and racism.

FOOD FORUM WITH DANIELLE

Thursday, September 3rd @ 3pm - Auditorium

Come learn about the newest changes in the dining department, especially pricing changes.

BETTER BUSINESS BUREAU PRESENTATION: FRAUD AND SCAMS

Tuesday, September 8th @ 3 p.m. - Auditorium

Brett Dewhurst, from the Upstate NY Better Business Bureau, will share information about the most common scams; hot to spot red flags; and how to keep yourself and your money safe.

MAINTAIN YOUR BRAIN - WAYS TO SUPPORT BRAIN HEALTH

Thursday, September 17th @ 11am - Auditorium

Learn steps we can take to support brain health and potentially reduce our risks. Explore evidence-based strategies for healthy aging.

WRITING CLASS - "CREATIVE WRITING" WITH LOCAL

AUTHOR MARY SANDERS SHARTLE

Wednesday, September 30th 10am-Noon - Card Room

Pick up some great tips on expanding your writing. **Class limited to 12 participants.** Complete form (available in the mailroom) and return with a \$10 payment to Coburg Village Resident Council. Return to Meda Rigatti (APT. 421).

Special Services
Helping You Feel Your Best at Home!

Massage Therapy
Shayne
518-810-3797

Tidy Up & Errands
by Leah
518-482-8636

♥ Caring. Reliable. Local. ♥

COLONIE Center Mall TRIP

SEPTEMBER 9TH
9:30AM - 12:15PM

REGISTER BY MONDAY, SEPT. 7TH MIN. 8 NEEDED SEE FORM IN MAILROOM



Welcome New Residents

🍏	Sharon Stankevich	722
★	Carol Fisher's new home is	927
★	Thomas & Denice Bennett	1233

September Special Events

Tuesday, September 1st @ 7pm-8pm - Music with Allen & Azzaam - Auditorium

Enjoy Allen on sax and Azzaam on piano. Each musician has over forty years of providing professional music entertainment, in all genres, for their listeners.

Wednesday, September 2nd @ 7pm-8:48pm Movie - Rebel and the Rye (PG13 2017) - Auditorium

Follow the life of celebrated but reclusive author J.D. Salinger, who gained worldwide fame with the publication of his novel "The Catcher in the Rye." Starring Kevin Spacey.

Friday, September 4th @ 7pm-8pm - Music with Alex & Hannah - Auditorium

Enjoy golden age standards from Dean Martin, Irving Berlin, Nat King Cole, Frank Sinatra, Rogers & Hammerstein, and more!!!

Sunday, September 6th @ 1pm-3pm - Movie - Saving Mr. Banks (PG13 2013) - Aud

P. L. Travers, a London author who is financially broke, visits Los Angeles to meet Walt Disney, who is keen to adapt her Mary Poppins books for the cinema. Starring Tom Hanks. 

Tuesday, September 8th @ 7pm-8pm - Music with Suzie Dick and Matt - Auditorium

This duo will bring you back to school! Enjoy a variety of tunes through the years.

Wednesday, September 9th @ 7pm-8pm - Music with Drew Jacobs - Auditorium

That silly guy is back with his songs and ukelele!!

Friday, September 11th @7pm-8pm - Music with Alyssa Yeager - Auditorium

The sweet sounds that Alyssa brings are always special.

Monday, September 14th @ 7pm-8pm - Music with Standard Time - Auditorium

These ladies bring the music! Catch a wide variety of tunes that get you dancing in your seat.

Tuesday, September 15th @ 7pm-9:02pm - Movie - Michael (PG13 2026) - Auditorium

An intimate portrait of Michael Jackson's rise from child prodigy to global icon, revealing the man behind the music. 

Wednesday, September 16th @ 7pm-8pm - Piano with Pola Baytelman - Auditorium

Enjoy a solo piano recital that highlights works by Alberto Ginastera (Argentina), Villa-Lobos (Brazil), and French composer Darius Milhaud's Brazil-inspired pieces. It also features selections from American composer Frederic Rzewski's *The People United Shall Never Be Defeated*, a virtuosic set of thirty-six variations based on Sergio Ortega's Chilean protest song.

Friday, September 18th @ 7pm-8:26pm – Movie- Coat Of Many Colors(PG13 2015) -Aud

Based on Dolly Parton's remarkable upbringing in rural Tennessee. 

Sunday, September 20th @ 1pm-2:51pm - Movie - Bye, Bye Birdie (G 1963) - Aud

A rock singer travels to a small Ohio town to make his "farewell" television performance and kiss his biggest fan before he is drafted. Starring Dick Van Dyke and Janet Leigh. 

Monday, September 21st @ 7pm-8pm - Music with Mark Mason - Auditorium

Catch tunes from the '50s, '60s and '70s...let's say "old school."

Tuesday, September 22nd @ 7pm-8pm - Presentation - John Scherer - The One-room School House - Auditorium

Explore local one-room schoolhouses with John.

Wednesday, September 23rd @ 2:30pm-3:45pm - Back to School Happy Hour - Aud

Imagine a lunchroom with a buffet and music!!! Join us as we go back to school Coburg style.

Thursday, September 24th @ 7pm-8pm - Music with Richie Phillips - A Journey with The Beatles - Auditorium

Richie takes us on a musical journey into the '60s and music of The Beatles. "Come Together" and enjoy a great night of songs.

Friday, September 25th @ 7pm-9pm - Movie - 9 To 5 (PG 1980) - Auditorium

Three female employees of a sexist, egotistical, lying, hypocritical bigot find a way to turn the tables on him. Staring Dolly Parton, Lily Tomlin, & Jane Fonda 

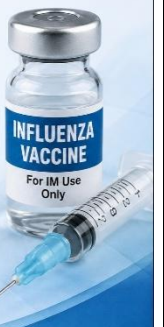
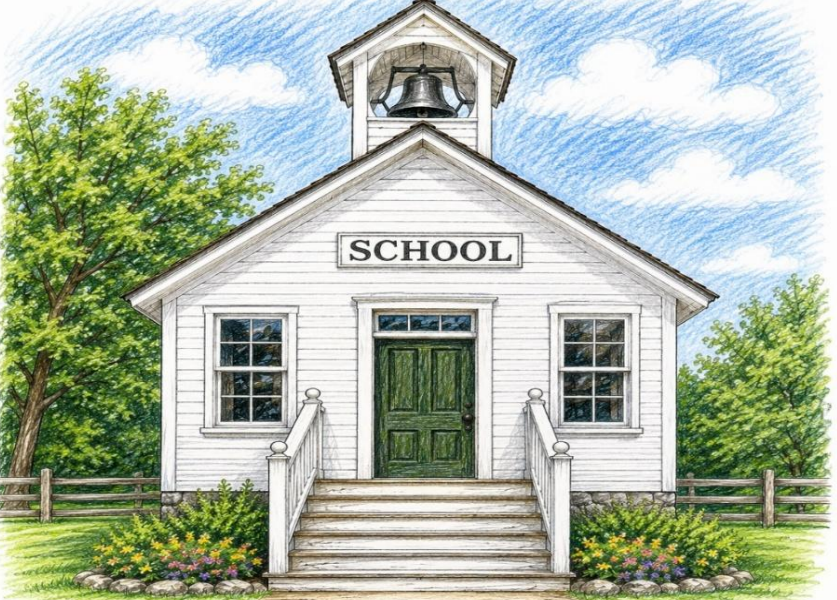
Monday, September 28th @ 7pm-8:45pm - Movie - Mary Shelley (PG13 2018) - Auditorium

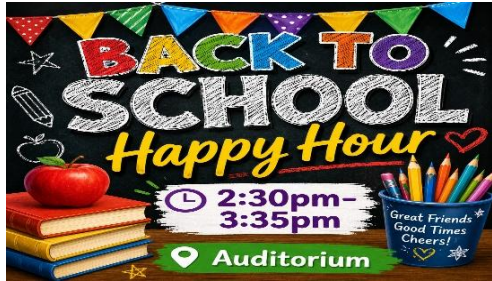
The life of Mary Wollstonecraft Godwin, who at sixteen met twenty-one-year-old poet Percy Shelley, resulting in the writing of "Frankenstein." Starring Elle Fanning.

Wednesday, September 30th @ 7pm-8:50pm - Movie - Frank & Ava (PG13 2018) - Aud

Before he was chairman of the board, he was just a man, desperate for a woman, clinging to a dream. The story of Sinatra as never told before and Ava Gardner, the woman who saved him by breaking him. Based on true stories. 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Abbreviations: CC: Creative Corner Aud: Auditorium Ch: Chapel CDR- Club Dining Room CY: Courtyard CR: Card Room DR: Dining Room-46 & Birch FR- Fitness Room RT- Rotunda	<i>*Programs Subject to Change</i> FREE POPCORN NIGHT  Changes & Update Line Ext. 6497 For last minute changes to programs/events 	Please see changes on calendar for Christine's Fitness classes	Men's Brunch Thursday, Oct. 8th 10am Club Dining Room Cost: \$10  Make check payable to Coburg Village and place in Dick Mendelson's mailbox (1 Luzerne) Due by Oct. 1st. Registration form is available in the mail room.	<i>Writing Class- "Creative Writing"</i> with local author <i>Mary Sanders Shartle</i> Wednesday, September 30th 10am-Noon - Card Room Class limited to 12 participants. Cost \$10 SEE FORM IN THE MAIL ROOM LIMITED TO FIRST 12! 	FLU VACCINATION CLINIC TUESDAY, OCTOBER 6TH 9AM - 12PM INSURANCE COPY DATES: SEPT. 7, 9, 10. FORMS AVAILABLE IN THE MAIL ROOM. YOU MUST BE REGISTERED TO ATTEND THE CLINIC. 	
		1 10:30am Balance w/ Christine -Aud 11am Henry Thoreau-Part 1-Who Are We? -Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 7pm All Games-CR 7pm Music Allen & Azzaam -Auditorium	2 9am Christine's Water Aerobics 10:15am Fitness w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Movie-Rebel in The Rye -Auditorium 	3 10:30am Mahjong Lessons -CR 11am Rosary-Ch 11am Chair Volleyball-Aud 12:30pm Brian's Water Aerobics 1pm Chess-CC 1:30pm Brian's Fitness-Aud 2:15pm Pinochle-CR 3pm Food Forum w/ Danielle-Auditorium 7pm All Games-CR 7pm Resident Association Meeting-Aud	4 POOL CLOSSES AT 12:30PM 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1pm Library Committee-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Wii Bowling-CLUB DINING 7pm All Games-CR 7pm Alex & Hannah's Hour of Golden Age Music-Auditorium	5 7pm All Games -CR 
6 10:30am Christian Non-Denominational Worship with Communion-Ch 1pm Movie-Saving Mr. Banks -Auditorium 2pm Resident Bingo-CR	7 11am-12pm Insurance Card Copying-Rotunda  1:30pm Canasta-CR 3pm Henry Thoreau-Part 2-Being Alive-Auditorium 7pm All Games-CR	8 10:30am Balance w/ Christine -Aud NO 11am Methodist Service-Ch 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 3pm BBB Scam and Fraud Presentation-Aud 7pm All Games-CR 7pm Music with Susie Dick & Matt -Auditorium	9 9am Christine's Water Aerobics 10:15am Fitness w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1pm-2pm Insurance Card Copying-Rotunda 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Root Beer Floats -Auditorium NO 2pm Lorraine's Hand Class-CC 2:30pm Service/Prayer with St. Mary's-Ch 7pm Pinochle & Bridge-CR 7pm Music with Drew Jacobs-Auditorium	10 10am Intro to Fitness Room with Brian-Fitness room 10:30am Mahjong Lessons -CR 11am Rosary-Ch 11am Chair Volleyball-Aud 12:30pm Brian's Water Aerobics 1pm Chess-CC 1pm Bible Study-CR 1pm-2pm Insurance Card Copying-Rotunda 1:30pm Brian's Fitness-Aud NO 2:15pm Pinochle-CR 2:30pm Book Club-CR 7pm All Games-CR 	11 POOL CLOSSES AT 12:30PM 9:30am Water Walking 10am The Storytellers-CR 10am Raised Garden Bed Meeting - CC 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Wii Bowling-CLUB DINING 3pm Henry Thoreau-Part 3 -Several More Lives to Live -Auditorium 7pm All Games-CR 7pm Music with Alyssa Yeager-Aud	12 7pm All Games -CR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 10:30am Christian Non-Denominational Worship with Communion-Ch 2pm Resident Bingo -CR 3pm Rosh Hashanah Service & Shofar Blowing -Bistro Patio	14 NO 11am Zumba with Lora -Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1:30pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 2pm Mind Fitness-CC 2:30pm Balance w/ Christine-Aud 3:30pm Parkinson's Group-CC 7pm All Games-CR 7pm Music with Standard Time -Auditorium	15 9am Coburg Board Meet & Greet-Auditorium 10:30am Balance w/ Christine 11am-4pm Voter Registration-RT 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 3pm Mark Twain-The Early Days Pt 1-Auditorium 7pm All Games-CR 7pm Movie-Michael-Aud 	16 9am Christine's Water Aerobics 10:15am Fitness w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Music-A Pianist's Journey Through Latin America-Auditorium	17 10:30am Mahjong Lessons-CR 11am Rosary-Ch 11am Maintain Your Brain- Presented by Home Instead -Auditorium NO 11am Chair Volleyball-Aud 12:30pm Brian's Water Aerobics 1pm Chess-CC 1pm Bible Study-CR 1:30pm Brian's Fitness-Aud 2:15pm Pinochle-CR 2:30pm Blood Pressure Clinic-RT 3pm Choraliers-Ch 7pm All Games-CR	18 POOL CLOS ES AT 12:30PM 9:30am Water Walking 10am Greenhouse Committee -CC 11:30am Conversations w/ Rabbi Rubin-Chapel 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Wii Bowling-CLUB DINING 3pm Mark Twain-The Early Days Pt 2-Auditorium 7pm All Games-CR 7pm Movie- Coat Of Many Colors-Auditorium	19 7pm All Games -CR 
20 10:30am Christian Non-Denominational Worship with Communion-Ch 1pm Movie-Bye, Bye Birdie -Auditorium 2pm Resident Bingo -CR	21 NO 11am Zumba with Lora -Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1:30pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 2pm Buddy Committee-CDR 2:30pm Balance w/ Christine-Aud 7pm All Games-CR 7pm Music with Mark Mason-Auditorium	22 10:30am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 3pm Mark Twain-The Other Side pt 3-Auditorium 7pm All Games-CR 7pm Presentation-The One Room School House-John Scherer-Auditorium	23 NO Fitness in Auditorium 9am Christine's Water Aerobics 10:45am Parashat Hashavua-Ch 12pm Episcopal Service-Ch 1-3pm Knitting/Crocheting-CR 1:30pm Electric Slide Lessons -CC 7pm Pinochle & Bridge-CR 	24 10am Balance w/ PT Brian-Aud 10:30am Mahjong Lessons 11am Rosary-Ch -CR 11am Chair Volleyball-Aud 12:30pm Brian's Water Aerobics 1pm Chess-CDR 1pm Bible Study-CR 1:30pm Dining Committee-CC 1:30pm Brian's Fitness-Aud 2:15pm Pinochle-CR 3pm Choraliers-Ch 7pm All Games-CR 7pm Beatles Music with Richie Phillips-Aud	25 POOL CLOS ES AT 12:30PM 11am Conversations with Rabbi Shara-Chapel 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Wii Bowling-CLUB DINING 2pm Catholic Mass with St. Edward's-Ch 7pm All Games-CR 7pm Movie- 9 To 5-Auditorium 	26 7pm All Games -CR 
27 10:30am Christian Non-Denominational Worship with Communion-Ch 2pm Resident Bingo -CR	28 11am Zumba with Lora-Aud 11am Sukkot Service-Chapel 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1:30pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 2pm Mind Fitness-CC 2:30pm Balance w/ Christine-Aud 3pm Mark Twain-The Other Side Pt 4-Auditorium 7pm All Games-CR 7pm Movie-Mary Shelley-Auditorium	29 10:30am Balance w/ Christine 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 7pm All Games-CR 7pm Resident Talent Show CLOSED Practice -Auditorium	30 9am Christine's Water Aerobics 10am-12pm Creative Writing Class (pre-registration)-CR 10:15am Fitness w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Movie-Frank & Ava-Auditorium 	