



SPECIAL PROGRAMS

SPRING DOCUMENTARIES

Mondays @ 3pm-4pm - Auditorium (NO 4/13) 

Enjoy a variety of springtime documentaries, from Holland's tulips to bee farms.

ESTATE PLANNING 101: WILLS & TRUSTS

Monday, April 6th @ 11am - Auditorium

A straightforward overview of why planning matters, what a basic estate plan includes, and how having documents in place can reduce stress for loved ones.

TITANIC DOCUMENTARY SERIES

Friday, April 10th @ 11am-11:45am - CLUB DINING ROOM 

Secrets of the Titanic: Secrets of the Titanic reveals the spectacular original images and on-location footage captured of the legendary shipwreck.

Monday, April 13th @ 3pm-3:46pm - Auditorium

Investigation: National Geographic explores the fatal series of avoidable human errors that sent the Titanic to her watery grave.

Tuesday, April 14th @ 12pm-12:45pm - Auditorium

Preserving the Titanic with Bob Ballard:

Dr. Ballard revisits the ship in an entirely different way - from the perspective of those who set sail on her some 100 years ago.

PAINTING WITH ALI (Form in the mail room)

Saturday, April 11th @ 10am - Creative Corner

or

Sunday, April 12th @ 1pm - Creative Corner

Preregister by Wednesday, April 8th



Get cozy in the creative corner as we explore this beautiful lake scene. Learn simple, tried-and-true tips and tricks for making painting easy. No painting experience needed! All abilities welcome. Acrylics on 11x14" canvas with all supplies provided. Cost: \$15. **Make checks payable to Alina Hensley.** Max 18 per class.

DRAWING WITH STEVEN (Form in the mail room)

Saturday, April 18th @ 1pm-2:30pm - Creative Corner

Preregister by Wednesday, April 15th



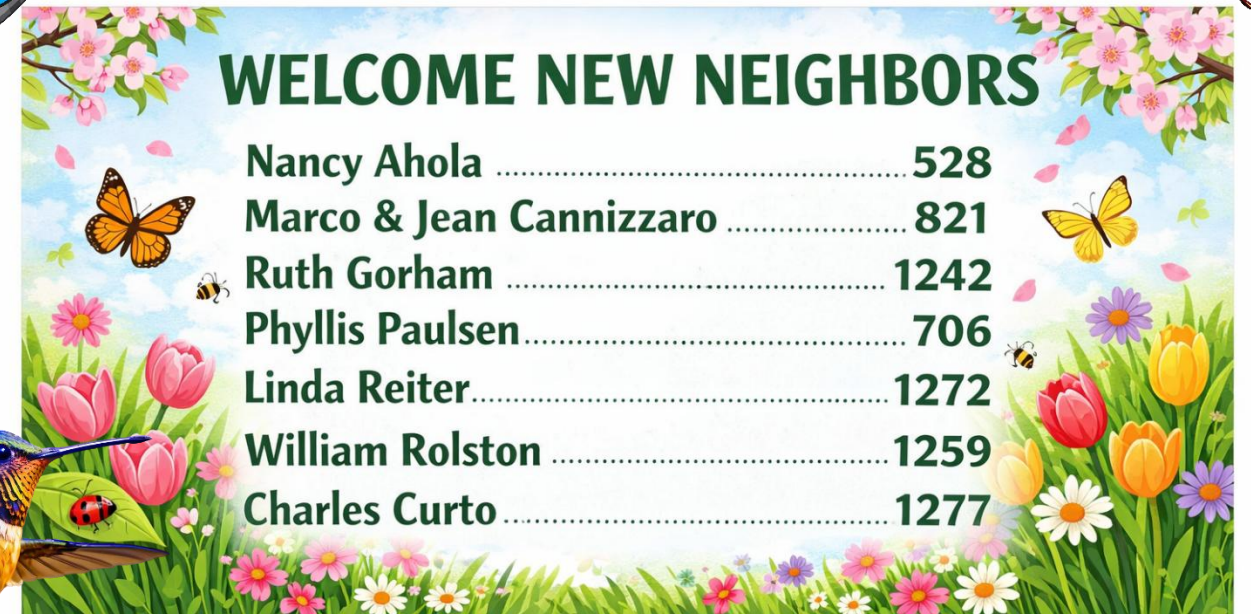
Come and have some fun with Steven from dining. Learn to draw and color three different pictures as you turn your doodles into art. Supplies provided. Cost: \$3

Max. 15.




WELCOME NEW NEIGHBORS

Nancy Ahola	528
Marco & Jean Cannizzaro	821
Ruth Gorham	1242
Phyllis Paulsen.....	706
Linda Reiter.....	1272
William Rolston	1259
Charles Curto	1277



April Special Events


Wednesday, April 1st @ 7pm-8:34 - Movie - Evelyn (PG 2002) - Auditorium

Based on the true story of Desmond Doyle (Pierce Brosnan), who after losing his job and watching his wife leave the country, has his children taken away. Doyle cleans up his act and wages an unlikely legal battle to regain custody. 

Friday, April 3rd @ 7pm-8pm - Improv with Controlled Chaos - Auditorium

If you like to laugh, come on down and enjoy some improv by a local comedy group.

Saturday, April 4th @ 7pm-8:50pm - Movie - Please Don't Eat the Daisies (1960) - Auditorium

Domestic comedy about a New York drama critic, his wife and children, who move out to the country and struggle with dad's daily commute. Starring Doris Day. 

Monday, April 6th @ 7pm-8pm - Music with Music Company Orchestra - Auditorium

Step into spring with musical pieces that will have you dancing through the daisies.

Tuesday, April 7th @ 7pm-8pm - Music with Crick & Tuck - Auditorium

Enjoy a variety of music with these gents. Featuring violin and banjo.

Wednesday, April 8th @ 7pm-8pm - Presentation - Schenectady Historical Society - Auditorium

Tonight's presentation will feature Beyond the Pines. Explore early Schenectady: its founding, its people, and what life was like for early Schenectadians.

Friday, April 10th @ 7pm-8pm - Music with Ed Salvo - Auditorium

Ed will have you singing along to the oldies but goodies. Complete with stories, as well!


Monday, April 13th @ 7pm-8pm - Titanic - Hear Our Story - Presented by the Staff of Coburg Village - Auditorium

Take a journey back to 1912 and meet passengers & crew via stories read by our very own staff. Learn of life before and during the voyage.

Tuesday, April 14th @ 10am - Veteran's Social - Club Dining Room

Join fellow veterans, share stories, enjoy company, and get to know fellow veterans here at Coburg.

Tuesday, April 14th @ 7pm-9:03pm - Movie - A Night to Remember (1958) - Aud


On her maiden voyage in April 1912, the supposedly unsinkable RMS Titanic strikes an iceberg in the Atlantic Ocean. 

Wednesday, April 15th @ 7pm-8pm - Music with Tooty & The Mother Plucker - Aud

Enjoy an evening of mixed genres from Motown, Latin, R&B, jazz, and more!

Friday, April 17th @ 7pm-9:09pm - Movie - Miss Potter (PG 2007) - Auditorium


The biography of children's author Beatrix Potter, including how she overcame a domineering mother and the chauvinism of Victorian England to become a best-selling author.

Starring Renee Zellweger. 

Monday, April 20th @ 7pm-8pm - Music with Eileen Mack & Peg Delaney - Auditorium

Eileen and Peggy never disappoint. If you want a night of good tunes, this is the place to be.

Tuesday, April 21st @ 7pm-8:36pm - Movie - The Great Escaper (2020) - Auditorium


The Great Escaper tells the true story of Bernard Jordan. He had staged a "great escape" from his care home to join fellow war veterans on a beach in Normandy, commemorating their fallen comrades at the D-Day Landings' 70th anniversary. Starring Michael Caine and Glenda Jackson. 

Wednesday, April 22nd @ 7pm-8:37pm - Movie - The Secret Garden (2020) - Aud

An orphaned girl discovers a magical garden hidden at her strict uncle's estate.

Stars Dixie Egerickx & Richard Hansell.

Thursday, April 23rd @ 7pm-8:43pm - Movie - Marilyn Hotchkiss' Ballroom Dancing & Charm School (PG13 2005) - Auditorium

Frank Keane, a baker by trade, has been consumed by grief over his wife's untimely death. But everything changes when he pulls his bread truck over on a rural highway and is invited to a dance class. John Goodman. 

Monday, April 27th @ 7pm-8pm - Music with Alyssa Yeager - Auditorium


Come listen to the sweet sound and songs of Alyssa. Her folksy tunes are a hit with all.

Tuesday, April 28th @ 7pm-8pm - Music with High Peaks - Auditorium

High Peaks brings blue grass and country tunes that have you moving in your seats.

Wednesday, April 29th @ 2:30pm-3:45pm - Happy Hour - Spring Has Sprung - Auditorium

Break out your spring attire and hop on down to the auditorium. Music with the Blue Billies.



Changes & Update Line
Ext. 6497
For last minute changes to programs/events



Special Services
Massage Therapy Tidy Up & Errands
Shayne by Leah
518-810-3797 518-482-8636



Chaperone Swim
Mondays- 2pm-3pm
Wednesdays- 9:45am-10:45am
Fridays- 11am-Noon
BY APPOINTMENT ONLY. MUST CALL BY 9:15AM
THE DAY OF DESIRED *NO Holidays

CALL EXT. 6314

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Room Abbreviations:
 CC: Creative Corner
 Aud: Auditorium
 Ch: Chapel
 CDR- Club Dining Room
 CY: Courtyard
 CR: Card Room
 DR: Dining Room-46 & Birch
 FR- Fitness Room
 RT- Rotunda



Coburg Bus Trip
 Lancaster, PA & Gettysburg
 June 16-19

Presentation
 April 17th
 2:30pm Auditorium



SIGN UP FOR THE PIZZA PARTY!

APRIL 13, 15, & 17
 IN THE ROTUNDA

DON'T MISS OUT—SIGN UP TODAY!



Food Forum
 with Danielle

Thursday, May 30th • 3pm Auditorium

Come hear about exciting dining events, seasonal menus, and new initiatives planned just for residents.

This is also your opportunity to ask questions, provide feedback, and suggest ideas to improve your dining experience.

All residents are encouraged to attend and be part of the conversation. Your voice matters—we hope to see you there!



Creative Writing Class

Wednesday, May 13th
 10am - 12pm

Creative Corner

Sign up in the Rotunda starting April 13th.
 Contact Meda at ext. 6430



1 **HAPPY PASSOVER**

9:30am Water Aerobics w/ Christine
 11am Fitness w/ Christine-Aud
 12pm Balance w/ Christine-Aud
 12pm Episcopal Service-Ch
 12:45pm Ball w/ Lorraine-Aud
 1-3pm Knitting/Crocheting-CR
 1:30pm Lorraine's Sit & Fit-Aud
~~NO 1:30pm Village Ringers-Ch~~
 2pm Lorraine's Hand Class-CC
 7pm Pinochle & Bridge-CR

7pm Movie-Evelyn -Auditorium

2

10:30am Brian's Water Aerobics
 11am Rosary-Ch
 12pm Chair Volleyball-Aud
 1pm Bible Study-CR
 1pm Chess-CC
 1:30pm Brian's Fitness-Aud
~~NO 3pm Choraliers-Ch~~

3pm Holy Thursday Service-Chapel

7pm All Games-CR

7pm Resident Association Meeting -Auditorium

3 **GOOD FRIDAY**

POOL CLOSURES AT 12:30PM

~~NO 11am Ball w/ Lorraine-Aud~~
~~NO 12pm Lorraine's Hand Class~~
 1pm Bridge-CR
~~NO 1:30pm Lorraine's Sit & Fit~~
 2:15pm Wii Bowling-Aud
3pm Good Friday Service -Chapel


7pm All Games-CR

Improv with Controlled Chaos -Auditorium

4

7pm Movie-Please Don't Eat the Daisies -Auditorium

7pm All Games-CR



5 **HAPPY EASTER**

10:30am Christian Non-Denominational Worship with Communion
 Deacon Glenn-Ch

2pm Resident Bingo-CR

6 ~~NO 11am Zumba with Lora~~

11am Estate Planning 101: Wills & Trusts Basics-Auditorium

12pm Chair Volleyball-Aud
 1pm Diamond Art-CC
 1pm Fitness w/ Christine-Aud
 1:30pm Canasta-CR
2pm Mind Fitness-CC
3pm Spring-Wonders of The Netherlands-Aud

7pm All Games-CR

7pm Music with Music Company Orchestra -Auditorium

7

11am Balance w/ Christine-Aud
 12:30pm Brian's Water Aerobics
 1-3pm Sewing Together-CC
 1:30pm Brian's Fitness-Aud
 2pm Rummikub/Mahjong-CR
2:30pm Corn Hole-Auditorium
 3:15pm Meditation-CC
 7pm All Games-CR

7pm Music With Crick & Tuck -Auditorium

8 9:30am Water Aerobics w/ Christine

11am Fitness w/ Christine-Aud
 12pm Balance w/ Christine-Aud
 12pm Episcopal Service-Ch
 12:45pm Ball w/ Lorraine-Aud
 1-3pm Knitting/Crocheting-CR
 1:30pm Lorraine's Sit & Fit-Aud
~~NO 1:30pm Village Ringers-Ch~~
2pm Social Tea -Auditorium

~~NO 2pm Lorraine's Hand Class~~
 2:30pm St. Mary's Service-Ch
 7pm Pinochle & Bridge-CR

7pm Presentation-Schenectady Historical Society-Auditorium

9 Auditorium CLOSED for upgrade

10:30am Brian's Water Aerobics
 11am Rosary-Ch
~~NO 12pm Chair Volleyball-Aud~~
 1pm Bible Study-CR
 1pm Chess-CC
~~NO 1:30pm Brian's Fitness-Aud~~
 2:30pm Book Club-CR
 3pm Choraliers-Ch

7pm All Games-CR



10 POOL CLOSURES AT 12:30PM

Auditorium CLOSED for upgrade

9:30am Water Walking with Antoinette & Brian-Pool

10am Storytellers-CR

11am Documentary-Titanic at 100-Secrets -CLUB DINING ROOM

1pm Bridge-CR
 7pm All Games-CR

7pm Music with Ed Salvo -Auditorium

11

10am Painting with Ali (preregister) -Creative Corner

7pm All Games-CR

<p>12 SUNDAY 10:30am Christian Non-Denominational Worship with Communion Deacon Glenn-Ch 1pm Painting with Ali (preregister)-Creative Corner 2pm Resident Bingo-CR</p> 	<p>13 MONDAY 10am-12pm Pizza Ticket Sales -Rotunda 11am Zumba with Lora-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1-3pm Pizza Ticket Sales-RT 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 3pm Documentary-Titanic at 100-Sinking Investigation-Aud 3:30pm Parkinson's Group-CC 7pm All Games-CR 7pm Titanic-Hear Our Stories-Auditorium</p>	<p>14 TUESDAY 10am Veteran's Social-CDR 11am Methodist Service-Ch 11am Balance w/ Christine-Aud 12pm Documentary-Titanic at 100-Preserving-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2:30pm Corn Hole-Auditorium 3:15pm Meditation-CC 7pm All Games-CR 7pm Movie-A Night to Remember-Auditorium</p>	<p>15 WEDNESDAY 9:30am Water Aerobics w/Christine 10am-12pm Pizza Ticket Sales-RT 11am Fitness w/ Christine-Aud 12pm Balance w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1-3pm Pizza Ticket Sales-Rotunda 1:30pm Village Ringers-Ch 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Music with Tooty & the Mother Plucker-Aud</p>	<p>16 THURSDAY 10:30am Brian's Water Aerobics 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CC 1:30pm Brian's Fitness-Aud 2:30pm BP Clinic-RT 3pm Choraliers-Ch 7pm All Games-CR</p> 	<p>17 FRIDAY 9:30am Water Walking with Brian-Pool 10am-12pm Pizza Ticket Sales-RT 11am Ball w/ Lorraine-Aud 11am Rabbi Rubin-Ch 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1-3pm Pizza Ticket Sales-RT 1:30pm Lorraine's Sit & Fit-Aud NO 2:15pm Wii Bowling-Aud 2:30pm COBURG BUS TRIP PRESENTATION-Auditorium 7pm All Games-CR 7pm Movie-Miss Potter -Auditorium</p> 	<p>18 SATURDAY 1pm Drawing w/ Steven (Preregister) -Creative Corner 7pm All Games-CR</p>
<p>19 10:30am Christian Non-Denominational Worship with Communion Deacon Glenn-Ch 2pm Resident Bingo-CR 4:30pm Pizza Party -Auditorium</p>	<p>20 11am Zumba with Lora-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 2pm Buddy Committee-CDR 2pm Mind Fitness-CC 3pm Documentary-Spring-Billion Dollar Flower Market -Auditorium 7pm All Games-CR 7pm Music with Eileen Mack & Peg Delaney-Aud</p>	<p>21 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Bocce-Courtyard 3:15pm Meditation-CC 7pm All Games-CR 7pm Movie-The Great Escaper -Auditorium</p> 	<p>22 9:30am Water Aerobics w/ Christine 10:45am Parashat Hashavua-Ch 11am Fitness w/ Christine-Aud 12pm Balance w/ Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud NO 1:30pm Village Ringers-Ch 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR 7pm Movie-The Secret Garden-Auditorium</p>	<p>23 10:30am Brian's Water Aerobics 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CDR 1:30pm Dining Committee-CR 1:30pm Brian's Fitness-Aud 3pm Balance Check w/ Brian-Auditorium 3pm Choraliers-Ch 7pm All Games-CR 7pm Movie-Marilyn Hotchkiss' Ballroom Dancing & Charm School -Auditorium</p>	<p>24 POOL CLOSURES AT 12:30PM 9:30am Water Walking with Antoinette & Brian-Pool 10am Greenhouse Committee Meeting-Greenhouse 10am Tech Time w/ Jim-CC 11am Ball w/ Lorraine-Aud 11am Conversations w/ Rabbi Shara-Ch 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p>	<p>25 7pm All Games-CR</p> 
<p>26 10:30am Christian Non-Denominational Worship with Communion Pastor Singh-Ch 2pm Resident Bingo-CR</p> 	<p>27 11am Zumba with Lora-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 3pm Documentary-Spring-Biggest Bee Farm -Auditorium 7pm All Games-CR 7pm Music with Alyssa Yeager-Auditorium</p>	<p>28 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Catholic Mass w/ St. Edward's-Ch 2pm Bocce-Courtyard 3:15pm Meditation-CC 7pm All Games-CR 7pm Music with High Peaks-Auditorium</p>	<p>29 NO Fitness Classes in the Auditorium 9:30am Water Aerobics w/ Christine 12pm Episcopal Service-Ch 1-3pm Knitting/Crocheting-CR NO 1:30pm Village Ringers-Ch NO 2pm Lorraine's Hand Class 7pm Pinochle & Bridge-CR 2:30pm-3:45pm HAPPY HOUR-Spring Has Sprung-AUD</p>	<p>30 10:30am Brian's Water Aerobics 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CR 1:30pm Brian's Fitness-Aud 3pm Choraliers-Ch 3pm Food Forum w/ Danielle -Auditorium 7pm All Games-CR</p>	<p style="text-align: center; font-size: 2em; color: #FFD700;">Happy Spring</p> 	