

SPECIAL PROGRAMS

THE GREAT COURSES - LEONARDO DA VINCI AND THE ITALIAN HIGH RENAISSANCE

Tuesdays @ 11am & Fridays 12pm - Auditorium

NOTE WEDNESDAY, SEPT. 25TH 2:15PM and NO Tuesday, Sept. 24th.

Bask in the genius of the original Renaissance man with this spellbinding course that explains why Leonardo da Vinci is considered one of the most brilliant and inventive minds that has ever existed.

HECTORPT - KEEPING YOUR INDEPENDENCE PROGRAMS

Wednesday, Sept. 4th @ 3:30pm - Upper Extremity Exercises - Auditorium

Wednesday, Sept. 11th @ 11:30am - Getting out of a Chair Safely - Fitness Room

Wednesday, Sept. 18th @ 3:30pm - Lower Extremity Exercises - Auditorium

Mixology Masters with Antoinette, Mike, and Jim

Wednesday, September 11th @ 2:30pm-3:15pm - Auditorium

Fall is in the air as our mixology masters share some spirits that will bring you into the season and celebrate National Honey Month!

VOTER REGISTRATION

Tuesday, September 17th @ 12:30pm-4:30pm - Rotunda

Looking for information on how to vote? Stop by, and Francine will gladly assist you.

YOU BE THE JUDGE WITH HOLLY

Tuesday, September 17th @ 1pm - Card Room

Join Holly to hear several legal cases, then predict and discuss their outcomes.

BOOKS SALE WITH RESIDENT AUTHOR SHIRLEY ANDREWS

September 10th, 12th, & 18th @ 10:30am-12:30pm - Rotunda

Stop by to see Shirley as she offers for sale five different volumes of devotionals inspired by nature. All proceeds will go to the Coburg Scholarship Fund.

MASTER GARDENERS' PRESENTATION

Tuesday, September 17th @ 10am in the Greenhouse

Do you need help keeping your houseplants healthy? Curious about the greenhouse? Have questions about your veggie plants? Learn about plants from two of Cornell Cooperative Extension's Master Gardeners. All residents welcome, as are questions.

TECH TIME WITH JIM

Friday, September 20th @ 10:30am-11:30am - Creative Corner

Just when you thought you knew everything to do to with your Smartphone... But wait...there's more!!! Join Jim for another round of Smartphone technology and learn even more.



September Special Events

Sunday, September 1st @ 4:30pm-6:10pm - Movie - Key Largo (1948) - Aud

This classic film stars Humphrey Bogart as a World War II vet. Visiting Key Largo to pay his respects, he soon realizes that mobsters are staying in the hotel. When the criminals take over the establishment, conflict is inevitable. 

Tuesday, September 3rd - Movie 7pm-9:07pm- Murder on the Orient Express (PG 1974) - Auditorium

When a snowstorm stops the Orient Express train in its tracks, famed detective Hercule Poirot (Albert Finney) finds himself in the middle of a murder mystery in which everyone is suspect.

Wednesday, September 4th @ 7pm-8pm - Music with Alyssa Yeager - Auditorium

Alyssa brings the sweet sounds of the '60s and beyond with a little folk strummed in.

Friday, September 6th @ 7pm-8:35pm - Movie - Summer Camp (PG13 2024) - Aud

Three best friends since their summer camp days from years ago reunite (with different levels of enthusiasm). Starring Diane Keaton & Kathy Bates. Comedy 

Monday, September 9th @ 7pm-8pm - Game Night - Liars' Club - Auditorium

Liars' Club returns with even more laughs!! Join Chad, Antoinette, Rick, and Tracey for a night of fun and lots of lies! 

Tuesday, September 10th @ 7pm-8:27pm - Documentary - The Last Days (PG 1998) - Auditorium

This Oscar-winning documentary, produced by Steven Spielberg, focuses on the plight of five Hungarian Jews who survived imprisonment in Auschwitz.

Thursday, September 12th @ 7pm-8pm - Music with Standard Time - Auditorium

Two ladies and a whole lot of fun!!! Hear a variety of tunes to keep you moving in your seat.

Friday, September 13th @ 7pm-8pm - Music with Lost Radio Rounders - Songs America Voted For - Auditorium

Before TV, before radio, presidential campaigns used songs to get their message out. We will also perform issue songs about Abolition, Suffrage and Prohibition.

Saturday, September 14th @ 7pm-8:30pm - Nostalgia Night - The Golden Girls - Aud

Enjoy a trip back to the '80s with three episodes of The Golden Girls. 

Sunday, September 15th @ 4:30pm-6:08 pm - On the Town (1949) - Aud

Three sailors wreak havoc as they search for love during a whirlwind twenty-four-hour leave in New York City. Starring Gene Kelly and Frank Sinatra. 

Monday, September 16th @ 7pm-8:38pm - Movie - Thelma (PG13 2024) - Auditorium

When 93-year-old Thelma Post gets duped by a phone scammer pretending to be her grandson, she sets out on a treacherous quest across the city to reclaim what was taken from her. Comedy 

Wednesday, September 18th @ 7pm-8pm - Music with Hudson River Ceili - Aud

Hudson River Ceili performs traditional Irish and other Celtic-style music and dance. The group especially enjoys high energy dance tunes from the Irish, Quebecois, and New England traditions.

Thursday, September 19th @ 7pm-8pm - Classical Music with Melanie Chirignan - Aud

Enjoy classical pieces with flutist Melanie as she shows her love of music with a variety of well-known pieces and some not-so-well-known.

Friday, September 20th @ 7pm-8pm - Organ Music with Rita Manly - Auditorium

Enjoy our very own Rita Manly as she shares her wonderful talent on the organ.

Saturday, September 21st @ 7pm-8:41pm - Movie - It Could Happen to You (PG 1994) - Auditorium

A police officer promises to share his lottery ticket with a waitress in lieu of a tip. Romance/Comedy

Monday, September 23rd @ 7pm-8pm - Music with the Back Porch Players - Aud

These gents never disappoint. Their tunes will have you reminiscing and foot-tapping all evening long.

Tuesday, September 24th @ 2:30pm-4:30pm - The 25th Anniversary Celebration Happy Hour - Auditorium

Break out your Coburg purple and help us celebrate twenty-five wonderful years of operation with a two-hour long celebration!!!

Wednesday, September 25th @ 7pm-8:15pm - African Safari Pictorial w/ Tracey & Rick -Auditorium

Enjoy pictures and stories from Tracey & Rick's recent adventures in Africa's Maasa Mara region.

Thursday, September 26th @ 7pm-8:43pm - Movie - Our Souls at Night (2017) - Aud

Fonda and Redford star as a widow and widower who've lived next door to each other for years.

One day their relationship changes when Addie tries to make a connection with her neighbor. 

Friday, September 27th @ 7pm-8pm - Presentation/Author - For the Love of Vietnam - A Unique Vietnam War Story by Kat Fitzgerald - Auditorium

The daughter of a CIA operative, Kat, will speak about her unique Vietnam story, sharing her tale of a critical war zone in 1974. A story of love and a happy ending. Books for sale (\$20).

Monday, September 30th @ 7pm-8pm - Carpenter Tribute with Courtney Shayne - Aud

Recapture the iconic sounds of Karen Carpenter in this nostalgic show. Be transported back in time with familiar songs presented by Courtney Shayne and Robert Kelly.

COBURG September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Abbreviations: CC: Creative Corner Aud: Auditorium Ch: Chapel CDR- Club Dining Room CY: Courtyard CR: Card Room DR: Dining Room-46 & Birch FR- Fitness Room RT- Routunda</p>	<p style="text-align: center;"><i>*Programs Subject to Change</i></p> <p style="text-align: center;">FREE POPCORN NIGHT</p> <div style="text-align: center;">  </div> <div style="border: 2px solid black; padding: 5px; text-align: center;"> <p>Changes & Update Line Ext. 6497 For last minute changes to programs/events</p> </div>	<div style="border: 2px solid black; padding: 10px;"> <p>FLU, COVID & RSV CLINIC</p> <p style="color: red;">Details Mid Sept.</p> <p>Oct. 10th 9am -12pm</p> </div>		<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>PICK A PRIZE AND BOSCOVS TICKET SALES</p> <p style="font-size: small;">See Calendar below for times</p> <p style="color: red;">Monday, Sept. 23rd & Tuesday, Sept 24th</p> <p>SCHOLARSHIP FUNDRAISER</p> </div> <div style="text-align: right; margin-top: 5px;">  </div>	<div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;">Chaperone Swim</p> <p style="text-align: center;">  Mondays- 2pm-3pm Wednesdays- 9:45am-10:45am Fridays- 11am-Noon </p> <p style="text-align: center; font-size: small;">BY APPOINTMENT ONLY. MUST CALL BY 9:15AM THE DAY OF DESIRED *NO Holidays</p> <p style="text-align: center; font-size: large;">CALL EXT. 6314</p> </div>	
<p>1</p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glen</p> <p>2pm Resident Bingo-CR</p> <p>4:30pm Movie-Key Largo-Aud</p>	<p>2</p> <div style="text-align: center;">  </div> <p>1:30pm Canasta-CR</p> <p>7pm All Games-CR</p>	<p>3</p> <p style="text-align: center;">9:15AM COBURG BOARD MEET AND GREET-RT</p> <p>11am Leonardo da Vinci-Who Was He?-Aud</p> <p>12:30pm Brian's Water Aerobics</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Brian's Fitness-Aud</p> <p>2pm Rummikub-CR</p> <p>2pm Bocce-CY</p> <p>7pm All Games-CR</p> <p>7pm Movie-Murder on the Orient Express-Aud</p>	<p>4</p> <p>11am Val's Fitness-Aud Back</p> <p>12pm Val's Balance-Aud</p> <p>12pm Episcopal Service-Ch</p> <p>12:45pm Ball w/ Lorraine-Aud</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Lorraine's Hand Class-CC</p> <p style="text-align: center;">3:30pm Upper Extremity Exercise Ideas by HectorPT -Aud</p> <p>7pm Pinochle & Bridge-CR</p> <p>7pm Music with Alyssa Yeager-Aud</p>	<p>5</p> <p>10am Val's Drumfit-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Val's Sit/Stand Yoga-Aud</p> <p>11am Rosary-Ch</p> <p>12pm Chair Volleyball-Aud</p> <p>1:30pm Brian's Fitness-Aud</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm- Resident Association Meeting-Aud</p>	<p>6 POOL CLOSSES AT 12:30PM</p> <p>11am Ball w/ Lorraine-Aud</p> <p>12pm Leonardo da Vinci-Origins & Growth-Aud</p> <p>12pm Lorraine's Hand Class-CC</p> <p>1pm Bridge-CR</p> <p>1pm Library Committee-CC</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2:15pm Wii Bowling</p> <p>7pm All Games-CR</p> <p>7pm Movie-Summer Camp-Aud</p> <div style="text-align: right;">   </div>	<p>7</p> <p>7pm All Games-CR</p> <div style="text-align: center;">  </div>
<p>8</p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glen</p> <p>2pm Resident Bingo-CR</p>	<p>9</p> <p>9:30am Val's Water Aerobics</p> <p>11am Val's Fitness-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art-CC</p> <p>1pm Val's Balance-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Mind Fitness w/ Lorraine -CC</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Liars' Club with Coburg Staff -Aud</p>	<p>10 10:30am-12:30pm Shirley's Book Sale-RT</p> <p>11am Methodist Service-Ch</p> <p>11am Leonardo da Vinci-Madonnas & Scandels-Aud</p> <p>11am Weight Management-CC</p> <p>12:30pm Brian's Water Aerobics</p> <p style="text-align: center;">12:30pm Root beer Floats-RT</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Brian's Fitness-Aud</p> <p>No 2pm Rummikub-CR</p> <p>2pm Recreational Writers-CR</p> <p>2pm Bocce-CY</p> <p>7pm All Games-CR</p> <p>7pm Documentary-The Last Days-Aud</p> <div style="text-align: right;">  </div>	<p>11</p> <p>11am Val's Fitness-Aud Back</p> <p style="text-align: center;">11:30am Getting Out of a Chair Safely by HectorPT-FR</p> <p>12pm Val's Balance-Aud</p> <p>12pm Episcopal Service-Ch</p> <p>12:45pm Ball w/ Lorraine-Aud</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Lorraine's Hand Class-CC</p> <p>2pm Parkinson's Group-CR</p> <p style="text-align: center;">2:30PM MIXOLOGY MASTERS-Honey Bee Specials-Aud</p> <p>7pm Pinochle & Bridge-CR</p>	<p>12</p> <p style="color: purple;">10:30am-12:30pm Shirley's Book Sale-RT</p> <p>10am Val's Drumfit-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Val's Sit/Stand Yoga-Aud</p> <p>11am Rosary-Ch</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Bible Study-CR</p> <p>1:30pm Brian's Fitness-Aud</p> <p>2:30pm Book Club-CR</p> <p>3pm Choraliers-Ch</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Music Standard Time -Aud</p>	<p>13 POOL CLOSSES AT 12:30PM</p> <p>11am Ball w/ Lorraine-Aud</p> <p style="color: purple;">11am Conversations w/ Rabbi Amiel-Ch</p> <p>12pm Leonardo da Vinci-Inventor & More-Aud</p> <p>12pm Lorraine's Hand Class-CC</p> <p>1pm Bridge-CR</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Garden Committee-CC</p> <p>2:15pm Wii Bowling</p> <p style="text-align: center;">7pm Music with Lost Radio Rounders -Aud</p>	<p>14</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Nostalgia Night-The Golden Girls -Aud</p> <div style="text-align: right;">   </div>

<p>15 Sun 10:30am Christian Non-Denominational Worship with Communion Pastor Singh 2pm Resident Bingo-CR  4:30pm Movie-On the Town-Aud </p>	<p>16 Mon 9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR 2pm Buddy Committee-CDR 7pm All Games-CR 7pm Movie-Thelma-Aud  </p>	<p>17 Tues 10am Master Gardeners' Presentation-Greenhouse 11am Leonardo da Vinci-The Last Supper & The Meaning -Aud 11am Weight Management-CC 12:30pm Brian's Water Aerobics 12:30-4:30pm Voter Registration-RT 1pm You Be the Judge-CR 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2pm Bocce-CY 7pm All Games-CR</p>	<p>18 Wed 10:30am-12:30pm Shirley's Book Sale-RT 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 3:30pm Lower Extremity Exercises with HectoPT-Aud 7pm Pinochle & Bridge-CR 7pm Music with Hudson River Ceili-Aud</p>	<p>19 Thurs 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1:30pm Brian's Fitness-Aud 2pm Blood Pressure Clinic-RT 2:15pm Catholic/Prayer Service w/ St. Mary's-Ch 3pm Choraliers-Ch 7pm All Games-CR 7pm Classical Music with Melanie Chirignan -Aud</p>	<p>20 Fri POOL CLOSERS AT 12:30PM 8am-10am Auditorium closed NO 11am Ball w/ Lorraine-Aud 10:30am Tech Time with Jim-More SmartPhone Fun-CC 12pm Lorraine's Hand Class-CC 12pm Leonardo da Vinci-Michelangelo & Mona Lisa-Aud 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR 7pm Organ Music with Rita Manly-Aud</p>	<p>21 Sat 9am-12pm Optometry w/ Dr. Braim 518-859-3936-CR  7pm Movie-It Could Happen to You-Aud 7pm All Games</p>	
<p>22 10:30am Christian Non-Denominational Worship with Communion Deacon Glen 2pm Resident Led Bingo-CR </p>	<p>23 9:30am Val's Water Aerobics 10:30am Catholic Mass w/ St. Edward's-Ch 11am Val's Fitness-Aud 11am-4pm Pick a Prize Ticket and Boscov Coupon Sales-CC 12pm Chair Volleyball-Aud NO 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR 7pm All Games-CR 7pm Music with the Back Porch Players -Aud</p>	<p>24 10am-2:30pm Pick a Prize Ticket and Boscov Coupon Sales-CC 11am Weight Management-CC 12:30pm Brian's Water Aerobics NO 1-3pm Sewing Together-CC 2pm Rummikub-CR 2:30pm-4:30pm 25th Anniversary Happy Hour -Aud NO 2pm Bocce-CY 7pm All Games-CR </p>	<p>25 10:45am Parashat Hashavua-Ch 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC 2:15pm Leonardo Da Vinci-Last Years & Status-Aud 7pm Pinochle & Bridge-CR 7pm Safari Pictorial with Tracey & Rick-Aud</p>	<p>26 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1:30pm Brian's Fitness-Aud 2pm Dining Committee-CR 3pm Choraliers-Ch 7pm All Games-CR  7pm Movie-Our Souls at Night-Aud </p>	<p>27 POOL CLOSERS AT 12:30PM 11am Ball w/ Lorraine-Aud 11am Shabbat Services- Ch 12pm Leonardo da Vinci-Legacy & End of an Era-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 2:30pm Executive Committee-CC 7pm All Games-CR 7pm For the Love of Vietnam by Kat Fitzpatrick-Presentation-Aud</p>	<p>28 7pm All Games-CR </p>	
<p>29 10:30am Christian Non-Denominational Worship with Communion Pastor Singh 2pm Resident Bingo-CR</p>	<p>30 9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR 2pm Mind Fitness w/ Lorraine-CC 7pm All Games-CR 7pm Karen Carpenter Tribute-Aud</p>						