

SPECIAL NOTICES

GREAT COURSES - GENIUS OF MICHELANGELO - AUDITORIUM

Fridays Beginning 3/8 @ 11:45am -12:45pm

Gain a comprehensive introduction to one of history's greatest artists with this groundbreaking and visually dazzling course that gives you a full portrait of Michelangelo as an ambitious businessman and an unparalleled artistic genius. This series will also be continued in April.



Great Decisions - Foreign Policy Association

Tuesdays @ 10:30am - Auditorium

YOU MUST BE REGISTERED TO ATTEND. Please reach out to Barry (ext. 5824). The program provides background information and policy options for the eight most critical issues facing America each year.

Weight Management Program with Pearl Albrechtsen

Tuesdays @ 10-11am in the Card Room (Eight weeks: 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/30, 5/7)

Not a diet program, this time of information and discussion explores the why, where, when, and even how people eat. Pearl struggled with her weight over thirty years until she stopped dieting and began eating.



Coburg Pick'em Football Party (for participants)

Wednesday, March 13th @ 12:30pm - Auditorium

For 18 weeks you put your heart and soul into the Coburg pick'ems. Join us for lunch awards. RSVP required.

Nutrition Presentation - Beyond the Table with Lora

Wednesday, March 13th @ 2:15pm - Auditorium

Learn about ideas for making informed and educated food decisions here at Coburg Village and at home for your best health.



Home Safety and Living Independent with Clifton Park EMS

Tuesday, March 19th @ 10:30am - Auditorium

Learn tips from those that answer the calls.

Meet Leah Scisci, Professional Helper and Organizer

Friday, March 22nd at 2 p.m. - Creative Corner

Would you like to put a name with a face? Do you want to know more about task sharing services? Come say "hi" and bring your questions for a casual meet & greet with Leah from Mind the Errands LLC.

Master Mixologist

Wednesday, March 27th @ 2:15pm - Auditorium

They're back and going green. Come see who serves up the best drink of the day! Mike vs Antionette



Special Services


Massage Therapy with Shayne 810-3797

Tidy Up & Errands by Leah 482-8636




March Special Events

Friday, March 1st @ 7pm-8:40pm - Movie - Pt 2 of Killers of the Flower Moon (R) - Aud

When oil is discovered in 1920 Oklahoma on the Osage Native land, the Osage people are slowly murdered until the FBI steps in to unravel the mystery. 

Sunday, March 3rd @ 4:30pm-5:54pm - Movie - Sitting Pretty (1948) - Auditorium

As part of his research for a book on suburban life, Mr. Belvedere takes a job as a babysitter for three bratty children. Comedy with Walter Lang and Maureen O'Hara. 


Monday, March 4th @ 7pm-8pm - Music with Laura Collins & Steve - Auditorium

They never disappoint!!! They take love songs to the next level!


Tuesday, March 5th @ 7pm-8pm - Dudley Observatory Presentation with Dr. Mindy on the Solar Eclipse of 2024 - Auditorium

Imagine being only 3.4% away from witnessing one of nature's most awe-inspiring spectacles. Join Dr. Mindy as she shares her excitement about the upcoming astronomical marvel.

Friday, March 8th @ 7pm-9:09pm - Movie - The Grapes of Wrath (1940) - Auditorium

An Oklahoma family, driven off their farm by the poverty and hopelessness of the Dust Bowl, join the westward migration to California, suffering the misfortunes of the Depression. 


Saturday, March 9th @ 7pm-8:35pm - Movie - Dancing at Lughnasa (PG 1998) - Aud

Set in Donegal, Ireland in 1936, the memories of Michael Evan's childhood as he recounts one particular harvest when the five Mundy sisters battle poverty to raise 7-year-old Michael and his brother. 

Monday, March 11th @ 7pm-8pm - Music w/Hudson River Ceili - Auditorium

Get into the St. Patty's Day spirit with traditional Irish & Celtic music.


Tuesday, March 12th @ 7pm-8:34pm - Movie - Stranger Than Love (PG13 2014) - Aud

Pierce Brosnan & Emma Thompson star in this feel-good romantic comedy about an estranged couple who, after having their pension stolen, reunite to steal it back. 

Wednesday, March 13th @ 7pm-8pm - Music with the Lost Radio Rounders - Aud

Don't step on the blarney stone as the Rounders break out their best Irish tunes.

Thursday, March 14th @ 7pm-9:20pm - Movie - Angela's Ashes (R 1999) - Auditorium

An Irish Catholic family returns to 1930s Limerick after a child's death in America. The unemployed I.R.A. veteran father struggles with poverty, prejudice, and alcoholism as the family endures harsh slum conditions. 

Sunday, March 17th @ 4:30-5:50pm - Movie - Pot O' Gold - Auditorium

Filled with great musical numbers and a thoroughly amusing storyline, James Stewart plays a small-town music lover who travels to the city to help his uncle run his business.

Monday, March 18th @ 7pm-8pm - Classical Music with Chirignan-Melnicoff Duo - Aud

Cellist Laura Melnicoff and flutist Melanie Chirignan will be performing tangos by Piazzolla and Carlos Gardel, the Jet Whistle by Villa Lobos, Cumulus Reverie by local composer Phillip Spaeth, a movement from the classical composer Devienne's Sonata in e minor, and a couple of solos each!


Tuesday, March 19th @ 7pm - Sax with Keith Pray - Auditorium

Enjoy the smooth sounds of the saxophone! Keith never disappoints.

Wednesday, March 20th @ 2:30-3:45pm - Going Green Happy Hour - Auditorium

Green is in as we celebrate the luck of the Irish in a belated St. Patty's Day happy hour. Music by Richie Phillips.

Thursday, March 21st @ 7pm-9:13pm - Movie - The Holdovers (R 2023) - Auditorium

A cranky history teacher at a remote prep school is forced to remain on campus over the holidays with a troubled student who has no place to go, along with a grieving cook. Drama, Comedy. 

Friday, March 22nd @ 7pm-8pm - Piano with Matt Preston - Auditorium

Matt's smooth keys will keep you entertained with a variety of songs.


Monday, March 25th @ 7pm-8pm - Jukebox Bingo with Tracey - Auditorium

It's bingo with a twist. Play bingo to music and even join in a few sing-a-longs! Prizes and more!


Tuesday, March 26th @ 7pm- 8pm - Classical Violin with Tania Susi - Auditorium

Both classic and contemporary, Tania Susi is one of the Capital Region's premier violinists. Tania Susi has made a career out of blending passion and precision.


Wednesday, March 27th @ 7pm-9:03pm - Movie - The Hill (PG 2023) - Auditorium

The inspiring true story of Rickey Hill, the son of a traveling pastor, who overcomes unsurmountable odds to fulfill his dream of playing pro baseball. 

Thursday, March 28th @ 7pm-8:44pm - Movie - His Only Son (PG13 2023) - Auditorium














Recounting one of the most controversial moments in the Old Testament, when Abraham was commanded by God to sacrifice his son Isaac. 

Saturday, March 30th @ 7pm-8:50pm - Movie - Mrs. Pollifax - Spy - Auditorium

With her children grown, life can be a little boring, so Mrs. Pollifax volunteers to be a spy, looking for adventure. Little did she know, there's more to spying than she thought. Comedy. 

COBURG VILLAGE

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>*Programs Subject to Change</i></p> 	<p>Room Abbreviations: <u>CC: Creative Corner</u> <u>Aud: Auditorium</u> <u>Ch: Chapel</u> <u>CDR- Club Dining Room</u> <u>CY: Courtyard</u> <u>CR: Card Room</u> <u>DR: Dining Room-46 & Birch</u> <u>FR- Fitness Room</u></p> <p>FREE POPCORN NIGHT </p>	<div style="border: 2px solid black; padding: 5px; text-align: center;"> <p>Changes & Update Line Ext. 6497</p> <p>For last minute changes to programs/events</p> </div> 		<div style="border: 2px solid black; padding: 5px; text-align: center;"> <p>COLONIE CENTER MALL TRIP Friday, March 22nd 9:30-12:15pm Sign up forms in Mail room Register by 3/20. 8 min</p> </div>	<p>1 POOL CLOSURES AT 12:30PM 11am Ball w/ Lorraine-Aud 12pm Hand Class-CC 1pm Bridge-CR 1pm Library Committee-CC 1:30pm Sit & Fit w/ Lorraine-Aud 2:15pm Wii Bowling-Aud 2:30pm Executive Council-CC 7pm All Games-CR 7pm Movie-Killers of the Flower Moons(pt2)-Aud </p>	<p>2 7pm All Games-CR</p> 
<p>3 10:30am Christian Non-Denominational Worship with Communion Pastor Singh-Chapel</p> <p>2pm Resident Led Bingo-CR</p> <p>4:30pm Movie-Sitting Pretty-Aud </p>	<p>4 9:30am Val's Water Aerobics 11am Fitness w/ Val-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art/Coloring-CC 1pm Balance w/ Val-Aud</p> <p>1:30pm Canasta-CR 2pm Chaperone Swim</p> <p>3:15pm Buddy Group Social-CDR</p> <p>7pm All Games-CR 7pm Music with Eileen Mack & Steve-Aud</p>	<p>5 10-11am Weight Program-CR 10:30-12pm Great Decisions-CC 12:30pm Water Aerobics w/ Brian</p> <p>1-3pm Sewing Together-CC 1:30pm Fitness w/ Brian-Aud 2pm Rummikub-CR 2:30pm Corn Hole-Aud Back 7pm All Games-CR</p> <p>7pm Dudley Observatory Presentation-NY & the Eclipse-Aud</p>	<p>No 11am Fitness w/ Val-Aud Back No 12pm Balance w/ Val-Aud 12pm Episcopal Service- Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Sit & Fit w/ Lorraine-Aud</p> <p>NO 2pm Hand Exercise Class-CC</p> <p>2:15pm Social Tea/Choraliers Auditorium</p> <p>7pm Pinochle & Bridge-CR</p>	<p>7 10am Drumfit w/ Val-Aud 10:30am Brian's Water Aerobics 11am Sit/Stand Yoga w/ Val-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Fitness w/ Brian-Aud 2pm Chaperone Swim 3pm Choraliers-Ch 7pm All Games-CR</p> <p>7pm Resident Association Meeting-Aud</p>	<p>8 POOL CLOSURES AT 12:30PM 11am Conversations w/ Rabbi Amiel-Ch 11am Ball w/ Lorraine-Aud</p> <p>11:45am Great Courses-Michelangelo & His World-Aud</p> <p>12pm Hand Class-CC 1pm Bridge-CR 1:30pm Sit & Fit 2:15pm Wii Bowling 7pm All Games-CR</p> <p>7pm Movie The Grapes of Wrath-Aud </p>	<p>9 7pm All Games-CR</p> <p>7pm Movie-Dancing at Lughnasa -Aud  </p>
<p>10 10:30am-Christian Non-Denominational Worship with Communion Deacon Glen-Chapel</p> <p>2pm Resident Led Bingo-CR</p>	<p>11 9:30am Val's Water Aerobics 11am Fitness w/ Val-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art/Coloring-CC 1pm Balance w/ Val-Aud 1:30pm Canasta-CR 2pm Chaperone Swim 2pm Mind Fitness w/ Lorraine-CC 3pm Parkinsons' Group-CR 7pm All Games-CR</p> <p>7pm Music with Hudson River Ceili -Aud</p>	<p>12 10-11am Weight Program-CR 10:30-12pm Great Decisions-CC 11am Methodist Service-Ch 1-3pm Sewing Together-CC 1:30pm Fitness w/ Brian-Aud No 2pm Rummikub-CR 2pm Recreational Writers-CR 2:30pm Corn Hole-Aud Back 7pm All Games-CR</p> <p>7pm Movie-Stranger Than Fiction-Aud </p>	<p>13 10am-12pm Creative Corner Artwork Removal 12pm Episcopal Service 12:30pm Coburg Pick'ems Football Tailgate Luncheon-(By Invitation)-Aud No 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC No 1:30pm Sit & Fit with Lorraine 2pm Hand Exercise Class-CC 2:15pm Beyond The Table w/ Lora-Aud 7pm Pinochle & Bridge-CR</p> <p>7pm Lost Radio Rounders-Irish Music-Aud</p>	<p>14 10am-12pm Creative Corner Artwork Set-up 10am Drumfit w/ Val-Aud 10:30am Brian's Water Aerobics 11am Sit/Stand Yoga w/ Val-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Fitness w/ Brian-Aud 2pm Chaperone Swim 2:30pm Book Club-CR 3pm Choraliers-Ch 7pm All Games-CR  </p> <p>7pm Movie-Angela's Ashes-Aud</p>	<p>15 POOL CLOSURES AT 12:30PM 10:30am-Video Conferencing Techniques with Jim-CC 11am Ball w/ Lorraine-Aud</p> <p>11:45am Great Courses-Michelangelo Beginning & Training-Aud</p> <p>12pm Hand Class-CC 1pm Bridge-CR 1:30pm Sit & Fit w/Lorraine-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p>	<p>16 7pm All Games-CR</p> 

COBURG VILLAGE

March

<p>17 Sun</p> <p>10:30am-Christian Non-Denominational Worship with Communion Pastor Singh-Chapel</p> <p>2pm Resident Led Bingo-CR</p> <p>4:30pm Movie-Pot O' Gold-Aud</p> 	<p>18 Mon</p> <p>9:30am Val's Water Aerobics 11am Fitness w/ Val-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art/Coloring-CC</p> <p>1pm Balance w/ Val-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Buddy Committee-CDR 2pm Chaperone Swim</p> <p>7pm All Games-CR</p> <p>7pm Music with Chirignan-Melnicoff Duo-Aud</p>	<p>19 Tues</p> <p>10-11am Weight Program-CR 10:30-12pm Great Decisions-CC</p> <p>10:30AM- HOME SAFETY W/CLIFTON PARK EMS-AUDITORIUM</p> <p>12:30pm Water Aerobics w/ Brian</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Fitness w/ Brian-Aud</p> <p>2pm Rummikub-CR</p> <p>2:30pm Corn Hole-Aud Back</p> <p>7pm All Games-CR</p> <p>7pm Music with The Sounds of Sax with Keith Pray-Aud</p> 	<p>20 Wed</p> <p>10am Parashat Hashavua-Ch</p> <p>NO FITNESS CLASSES TODAY</p> <p>12pm Episcopal Service-</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>7pm Pinochle& Bridge-CR</p> <p>2:30-3:45pm GOING GREEN HAPPY HOUR -Auditorium</p>  <p>7pm Pinochle& Bridge-CR</p>	<p>21 Thurs</p> <p>NO 10am Drumfit w/ Val-Aud NO 10:30am Brian's Water NO 11am Sit/Stand Yoga w/ Val-</p>  <p>Wellness; Mind, Body, Soul Launch 10:30am-Aud</p> <p>11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CC 1:30pm Fitness w/ Brian-Aud 2pm Chaperone Swim 2:15pm Catholic/Prayer Service w/ St. Mary's-Ch</p> <p>3pm Choraliers 7pm All Games-CR</p> <p>7pm Movie-The Holdovers-Aud</p> 	<p>22 Fri</p> <p>POOL CLOSSES AT 12:30PM</p> <p>9:30am-12:15pm Colonie Center Mall (sign-up required)</p> <p>11am Ball w/ Lorraine-Aud 11am Shabbat Services-Ch</p> <p>11:45am Great Courses-Michelangelo's David & St. Mathew- Aud</p> <p>12pm Hand Class-CC 1pm Bridge-CR 1:30pm Sit & Fit w/Lorraine-Aud 2pm Meet & Greet with Leah Scisci-Creative Corner</p> <p>2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p>7pm Piano w/ Matt Preston-Aud</p>	<p>23 Sat</p> <p>9am-12pm Optometry w/ Dr. Braim 518-859-3936-CR</p>  <p>7pm All Games</p>
<p>24</p> <p>10:30am-Christian Non-Denominational Worship with Communion Deacon Glen</p> <p>2pm Resident Led Bingo-CR</p> 	<p>25</p> <p>9:30am Val's Water Aerobics 11am Fitness w/ Val-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art/Coloring-CC</p> <p>1pm Balance w/ Val-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Chaperone Swim 2pm Mind Fitness w/ Lorraine-CC</p> <p>7pm All Games-CR</p> <p>7pm Game Night- Juke Box Bingo-Aud</p>	<p>26 10-11am Weight Program-CR 10:30-12pm Great Decisions-CC</p> <p>12:30pm Water Aerobics w/ Brian</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Fitness w/ Brian-Aud</p> <p>2pm Rummikub-CR</p> <p>2pm Catholic Mass with St. Edward's-Ch</p> <p>2:30pm Corn Hole-Aud Back</p> <p>7pm All Games-CR</p> <p>7pm Classical Violin with Tania Susi-Aud</p>	<p>27</p> <p>11am Fitness w/ Val-Aud Back</p> <p>12pm Episcopal Service-</p> <p>12pm Balance w/ Val-Aud</p> <p>12:45pm Ball w/ Lorraine-Aud</p> <p>12:45pm Fitness Room Intro-FR</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>1:30pm Sit & Fit w/ Lorraine-Aud</p> <p>2pm Hand Class-CC 2:15pm Master Mixologist w/Mike & Antoinette-Auditorium</p> <p>7pm Movie-The Hill-Aud</p> 	<p>28 10am Drumfit w/ Val-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Sit/Stand Yoga w/ Val-Aud</p> <p>11am Rosary-Ch</p> <p>12pm Chair Volleyball-Aud</p> <p>12pm Maundy Thursday Service-Ch</p> <p>1pm Bible Study-CC</p> <p>1:30pm Fitness w/ Brian-Aud</p> <p>2pm Chaperone Swim</p> <p>2pm Dining Committee-CR</p> <p>3pm Choraliers</p> <p>7pm All Games-CR</p> <p>7pm Movie-His Only Son-Aud</p> 	<p>29 POOL CLOSSES AT 12:30PM</p>  <p>1pm Bridge-CR</p> <p>2pm Good Friday Service-Ch</p> <p>2:30pm Executive Council-CC</p> <p>7pm All Games-CR</p>	<p>30</p> <p>7pm All Games-CR</p> <p>7pm Movie Mrs Pollfax Spy -Aud</p>  

31 HAPPY EASTER

10:30am-Christian Non-Denominational Worship with Communion
Pastor Singh & Deacon Glen
(No Resident Bingo)

