



SPECIAL PROGRAMS

DOCUMENTARY - BUILDING IRELAND

Mondays @ 3pm-4pm - Auditorium

Building Ireland explores and explains how Ireland's great building and engineering achievements came to be and their impact on the development of its towns and cities. 

CHORALIERS & CELEBRATION OF 100+ BIRTHDAYS

Wednesday, March 4th @ 2pm-3pm - Auditorium

Join our very own Choraliars as we celebrate the Blarney and our residents who have turned 100 years old (or older) this quarter.

COMMUNITY HOSPICE AND ADVANCED CARE PLANNING

Wednesday, March 11th at 3pm - Auditorium

Understand the importance of advance care planning and why making your wishes known matters. Discover how hospice is a Medicare benefit and the vital services it provides.

YOU BE THE JUDGE WITH HOLLY

Monday, March 16th @ 2 p.m. - Creative Corner



Come hear about actual legal cases, discuss what you think their outcomes should be, and find out the courts' decisions. Judgements sometimes involve some poetic justice.

AUDUBON SOCIETY PRESENTATION

Tuesday, March 17th @ 3:30pm - Auditorium

Have you noticed an interesting bird but can't identify it? Do you have a birdfeeder? Join Carol from the Capital Region Audubon Society to learn about identifying and feeding our feathered friends.



MODEL SEDER CELEBRATION

Tuesday, March 24th @ 3pm-4:30pm - Auditorium

Join our residents and learn about the Model Seder.

DISCOVER THE POWER OF NUTRITION

Thursday, March 26th @ 11am - Auditorium

Come join Lora Hyde, RDN,CDN, and Danielle Wagar, Director of Dining Services, to help you learn how food and beverage choices can help you power your day, as well as taste test possible menu items, learn about new offerings, and discuss possible options for the future.

DOCUMENTARY - IRELAND

Monday, March 30th @ 3pm-4pm - Auditorium

Narrated by Liam Neeson, this unforgettable journey follows celebrated Irish writer Manchán Magan and four teens as they trace their Irish heritage with various stops in Ireland. 



March Special Events

Monday, March 2nd @ 7pm-9:20 - Movie - Far and Away (PG13 1992) - Auditorium

A young Irish couple flees to the States but subsequently struggles to obtain land and prosper freely. Stars Tom Cruise & Nicole Kidman. 

Tuesday, March 3rd @ 9:15am - Coburg Board Meet & Greet - Rotunda

Come meet the Coburg Board of Directors and ask them questions.

Tuesday, March 3rd @ 7pm-8pm - Music - Mark Mason - Auditorium

Mark brings a potpourri of music covering the '50s – '70s and everything in-between.

Wednesday, March 4th @ 7pm-8pm - Game Night - Liars' Club - Auditorium

Join Tracey, Rick, Chad, and Antoinette for a night of half-truths, complete lies, made-up stories, and lots of laughs! Everyone's a winner on this night!

Friday, March 6th @ 7pm-8:47pm - Movie - Big Miracle (PG 2012) - Auditorium

In small-town Alaska, a news reporter recruits his Greenpeace-volunteer ex-girlfriend on a campaign to save a family of gray whales trapped by ice in the Arctic Circle.

Stars Drew Barrymore & John Krasinski. 

Saturday, March 7th @ 7pm-9:03pm - Movie - A River Runs Through It (PG 2013) - Auditorium

Two sons of a stern minister - one reserved, one rebellious - grow up in rural 1920s Montana while devoted to fly fishing. Stars Craig Sheffer & Brad Pitt. 

Monday, March 9th @ 7pm-8pm - Music - Lost Radio Rounders - Auditorium

Join Michael, Paul and Tom for a night of tunes with Irish Roots. These gents never disappoint.

Tuesday, March 10th @ 7pm-8:47pm - Documentary - Andrea Bocelli - Because I Believe (2025) - Auditorium

Follow Andrea Bocelli not only backstage but beyond the stage and into his private life with family and close friends. Note there are some subtitles as Andrea speaks Italian and English at various times. 

Wednesday, March 11th @ 7pm-8pm - Music - Drew Jacobs - Auditorium

Drew's variety of tunes always puts a smile on faces and warms the heart.

Friday, March 13th @ 7pm-9:12pm - Movie - Song Sung Blue (PG13 2025) - Auditorium

Lightning and Thunder, a Milwaukee husband and wife Neil Diamond tribute act, experience soaring success and devastating heartbreak in their musical journey together. Stars Hugh Jackman & Kate Hudson. 

Monday, March 16th @ 7pm-8pm - Music with Allen & Azzaam - Auditorium

Allen and Azzaam are a smooth jazz musical duo that performs tunes from the '30s to contemporary renditions of popular tunes. 

Tuesday, March 17th @ 7pm-9:09pm - Movie - The Quiet Man (PG 1952) - Auditorium

A retired American boxer returns to the village of his birth in 1920s Ireland, where he falls for a spirited redhead, whose brother is contemptuous of their union. Stars John Wayne & Maureen O'Hara. 

Wednesday, March 18th @ 2:30pm-3:45pm - Happy Hour - Going Green - Auditorium

This happy hour we all celebrate Irish roots. So, break out your green, kiss the Blarney, and enjoy our Irish Pub!!

Friday, March 20th @ 7pm-8:41pm - Movie - Bob Trevino Likes It (PG13 2025) - Aud

A woman searching for her estranged dad meets a stranger who shares her dad's name. Their heartwarming friendship may just change both of their lives.

Stars Barbie Ferreira & John Leguizamo. 

Monday, March 23rd @ 7pm-8pm - Music of The Carpenters with Courtney - Aud

Courtney Shayne recaptures the iconic velvety sound of Karen Carpenter in this wonderfully nostalgic show - Yesterday Once More: A Tribute to The Carpenters.

Tuesday, March 24th @ 7pm-9:02pm - Movie - Hamnet (PG13 2025) - Auditorium

After losing their son Hamnet to a plague, William Shakespeare grapples with grief in 16th-century England. His wife helps them find the strength to go on. Stars Jessie Buckley. 

Wednesday, March 25th @ 7pm-8pm - Music with Capitaland Chorus - Auditorium

Enjoy this all-female barbershop chorus with St. Patrick songs and hopes for spring!

Friday, March 27th @ 7pm-8pm - Music with Laura Collins - Auditorium

A fun night is always a sure thing when Laura joins us. She covers songs you'll love.

Monday, March 30th @ 7pm-8pm - Game Night - Last Man Standing - Auditorium

Join Rick and Tracey for a new game. Participate on one of four teams. Guess correctly, and you move on. Guess incorrectly, and we'll talk about it! Trivia with a twist!

Tuesday, March 31st @ 7pm-8pm - History with John Scherer - Auditorium

Learn about Grooms Road corner and other fun information about our area.

March 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|---|
| <p>Room Abbreviations: CC: Creative Corner Aud: Auditorium Ch: Chapel CDR- Club Dining Room CY: Courtyard CR: Card Room DR: Dining Room-46 & Birch FR- Fitness Room RT- Rotunda</p> | <p><i>*Programs Subject to Change</i> FREE POPCORN NIGHT</p>  <p style="text-align: center;">☆ HAPPY ☆</p> | <div style="border: 1px solid black; padding: 5px;"> <p>Special Services </p> <p>Massage Therapy Tidy Up & Errands Shayne by Leah 518-810-3797 518-482-8636</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="text-align: center;">Changes & Update Line</p> <p style="text-align: center; font-size: 24px;">Ext. 6497</p> <p style="text-align: center; font-size: 12px;">For last minute changes to programs/events</p> </div> | <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-size: 24px;">Chaperone Swim</p> <p style="text-align: center;">Mondays- 2pm-3pm Wednesdays- 9:45am-10:45am Fridays- 11am-Noon</p> <p style="text-align: center; font-size: 10px;">BY APPOINTMENT ONLY. MUST CALL BY 9:15AM THE DAY OF DESIRED *NO Holidays</p> <p style="text-align: center; font-size: 18px;">CALL EXT. 6314</p> </div> | <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-size: 12px;">Daily Activity Schedule</p> <p style="text-align: center;">Available on Spectrum Channel 1390</p> <p style="text-align: center; font-size: 10px;">(Not Available For Cottages)</p> </div> | <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-size: 14px;">DEALING WITH DIZZINESS & VERTIGO</p>  <p style="text-align: center;">Thursday, March 5 3:00 PM Auditorium</p> <p style="text-align: center; font-size: 10px;">All Residents Welcome</p> </div> | |
| <p>1 10:30am Christian Non-Denominational Worship with Communion Deacon Glenn</p> <p>2pm Resident Bingo-CR</p> | <p>2 PURIM</p> <p>10am Executive Committee-CC 11am Zumba with Lora-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR</p> <p>3pm Documentary-Building Ireland- The Railways & Banking-Auditorium</p> <p>7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Far & Away -Auditorium</p> | <p>3 9:15am Coburg Board Meet & Greet-Rotunda</p> <p>10:30am Great Decision-CDR 11am Purim with Rabbi Rubin-Ch 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2:30pm Corn Hole-Auditorium 3:15pm Meditation-CC 7pm All Games-CR</p> <p style="text-align: center;">7pm Music with Mark Mason-Aud</p> | <p>4 9:30am Water Aerobics w/Christine 11am Fitness w/Christine-Aud 12pm Balance w/Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR NO 1:30pm Lorraine's Sit & Fit 1:30pm Village Ringers-Ch NO 2pm Lorraine's Hand Class 2pm Choraliers & 100th Plus Birthday Celebrations-Aud 7pm Pinochle & Bridge-CR</p> <p style="text-align: center;">7pm Game Night-Liars' Club-Auditorium</p> | <p>5 10:30 Humanities 101-CC 10:30am Brian's Water Aerobics 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CC 1:30pm Brian's Fitness-Aud NO 3pm Choraliers-Ch 3pm Presentation w/ Brian PT - Dizziness & Vertigo -Auditorium 7pm All Games-CR</p> <p style="text-align: center;">7pm Resident Association Meeting -Auditorium</p> | <p>6 POOL CLOSERS AT 12:30PM 9:30am Water Walking with Antoinette-Pool</p> <p>11am Ball w/ Lorraine-Aud 11am Conversations w/ Rabbi Shara-Ch 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1pm Library Committee-CC 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p style="text-align: center;">Movie-Big Miracle -Auditorium</p>  | <p>7</p>  <p style="text-align: center;">7pm Movie-A River Runs Through it -Auditorium</p> <p>7pm All Games-CR</p> |
| <p>8 10:30am Christian Non-Denominational Worship with Communion Deacon Glenn</p> <p>2pm Resident Bingo-CR</p>  | <p>9 11am Zumba with Lora-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR 2pm Mind Fitness-CC 3pm Documentary-Building Ireland- The Port & St. John's -Auditorium 3pm Buddy and Greet-CDR 3:30pm Parkinson's Group-CC 7pm All Games-CR 7pm Music with Lost Radio Rounders -Auditorium</p> | <p>10 10:30am Great Decision-CDR 10:30am Methodist Service-Ch 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2:30pm Corn Hole-Auditorium 3:15pm Meditation-CC 7pm All Games-CR</p> <p style="text-align: center;">7pm Documentary-Andre Bocelli-Because I Believe-Aud</p> | <p>11 9:30am Water Aerobics w / Christine 11am Fitness w/Christine-Aud 12pm Balance w/Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 1:30pm Village Ringers-Ch 2pm Lorraine's Hand Class-CC 2:30pm St. Mary's Service-Ch 3pm Community Hospice-Advanced Directives-Aud 7pm Pinochle & Bridge-CR</p> <p style="text-align: center;">7pm Music with Drew Jacobs-Auditorium</p> | <p>12</p> <p>10:30 Humanities 101-CC 10:30am Brian's Water Aerobics 11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CC 1:30pm Brian's Fitness-Aud 2:30pm Book Club-CR NO 3pm Choraliers-Ch 7pm All Games-CR</p> | <p>13 POOL CLOSERS AT 12:30PM 10am Storytellers-CR 11am Rabbi Rubin-Ch 11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p style="text-align: center;">7pm Movie-Song Sung Blue-Auditorium</p>  | <p>14</p>  <p>7pm All Games-CR</p> |

COBURG VILLAGE

March 2026

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|--|--|---|--|--|--|--|
| <p>15 Sun</p> <p>10:30am Christian Non-Denominational Worship with Communion <i>Deacon Glenn</i></p> <p>2pm Resident Bingo-CR</p>  | <p>16 Mon</p> <p>11am Zumba with Lora-Aud</p> <p>12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR</p> <p>2pm You Be the Judge-CC 2pm Buddy Committee-CDR</p> <p>3pm Documentary-Building Ireland- Spike Island & Kilkenny-Auditorium</p> <p>7pm All Games-CR</p> <p>7pm Music Allen & Azzaam-Auditorium</p> | <p>17 Tues </p> <p>10:30am Great Decision-CDR 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR</p> <p>2:30pm Corn Hole-Auditorium 3:15pm Meditation-CC 3:30pm Audubon Presentation-Aud 7pm All Games-CR</p> <p>7pm Movie- The Quiet Man-Auditorium </p> | <p>18 Wed</p> <p>NO AUDITORIUM FITNESS CLASSES TODAY</p> <p>9:30am Water Aerobics w/Christine 10:45am Parashat Hashavua-Ch 12pm Episcopal Service-Ch 1-3pm Knitting/Crocheting-CR 1:30pm Village Ringers-Ch 2pm Lorraine's Hand Class-CC</p> <p>2:30pm-3:45pm Happy Hour-Going Green-Auditorium</p> <p>7pm Pinochle & Bridge-CR</p> | <p>19 Thurs</p> <p>10:30 Humanities 101-CC 10:30am Brian's Water Aerobics</p> <p>11am Rosary-Ch 12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CC 1:30pm Brian's Fitness-Aud</p> <p>2:30pm Blood Pressure Clinic-RT</p> <p>3pm Choraliers-Ch 7pm All Games-CR</p> | <p>20 POOL CLOSERS AT 12:30PM</p> <p></p> <p>9:30am Water Walking with Antoinette-Pool</p> <p>11am Ball w/ Lorraine-Aud 11am Conversations & Service w/ Rabbi Shara-Ch 12pm Lorraine's Hand Class -CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p>7pm Movie-Bob Trevino Likes It-Aud</p> | <p>21 Sat</p> <p>7pm All Games-CR</p> |
| <p>22</p> <p>10:30am Christian Non-Denominational Worship with Communion <i>Pastor Singh</i></p> <p>2pm Resident Bingo-CR</p> | <p>23</p> <p>11am Zumba with Lora-Aud</p> <p>12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR</p> <p>2pm Mind Fitness-CC</p> <p>3pm Documentary-Building Ireland- Distilleries & Canals -Auditorium</p> <p>7pm All Games-CR</p> <p>7pm Music of The Carpenters with Courtney-Aud</p> | <p>24</p> <p>10:30am Great Decision-CDR 11am Balance w /Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR 2pm Catholic Mass w/ St. Edward's-Ch</p> <p>2:30pm Corn Hole-Auditorium 3pm Model Seder-Auditorium 3:15pm Meditation-CC 7pm All Games-CR</p> <p>7pm Movie-Hamnet -Auditorium </p> | <p>25</p> <p>9:30am Water Aerobics 11am Fitness w/Christine-Aud 12pm Balance w/Christine-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CR 1:30pm Lorraine's Sit & Fit-Aud 1:30pm Village Ringers-Ch 2pm Lorraine's Hand Class-CC 7pm Pinochle & Bridge-CR</p> <p>7pm Music with Capitaland Chorus-Aud</p> | <p>26</p> <p>10:30 Humanities 101-CC 10:30am Brian's Water Aerobics 11am Rosary-Ch</p> <p>11am The Power of Nutrition - Auditorium</p> <p>12pm Chair Volleyball-Aud 1pm Bible Study-CR 1pm Chess-CDR 1:30pm Dining Committee-CC 1:30pm Brian's Fitness-Aud 3pm Choraliers-Ch 3pm Balance check w/Brian-Aud 7pm All Games-CR</p> | <p>27</p> <p>POOL CLOSERS 12:30PM</p> <p>11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class -CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit -Aud 2:15pm Wii Bowling-Aud 7pm All Games-CR</p> <p>7pm Music with Laura Collins-Auditorium</p> | <p>28</p> <p>7pm All Games-CR</p> |
| <p>29 Palm Sunday</p> <p></p> <p>10:30am Christian Non-Denominational Worship with Communion <i>Pastor Singh</i></p> <p>2pm Resident Bingo-CR</p> | <p>30</p> <p>11am Zumba with Lora-Aud</p> <p>12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Fitness w/ Christine-Aud 1:30pm Canasta-CR</p> <p>3pm Documentary-Ireland- A Journey-Auditorium</p> <p>7pm All Games-CR</p> <p>7pm Game Night-Last Man Standing-Aud</p> | <p>31</p> <p>10:30am Great Decision-CDR 11am Balance w/ Christine-Aud 12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub/Mahjong-CR</p> <p>2:30pm Corn Hole-Auditorium 3pm Passover with Rabbi Rubin CDR 3:15pm Meditation-CC 7pm All Games-CR</p> <p>7pm Presentation-Grooms Road Corner-Aud</p> |  | | | |